

## I am special. so are you !

Imagine just how boring life would be  
If Mother Nature believed in UNIFORMITY?!

All living beings the same in colour and shape  
The ant and the ape!  
A leopard and a bear!!  
A watermelon and a pear!!!  
The leaves on every tree...  
The fish in every sea...  
And hey, maybe even you... and me!!!

Eeeeeeks!!! Wouldn't life be a shame  
If everything looked...felt...smelt...  
Exactly ...the SAME!!

Thank God, we all have our own shapes and sizes  
With different looks, talents... surprises  
Each with a special strength...or a weakness  
I guess that's what gives us our uniqueness!

I've got friends who are fat and friends who are tall  
Friends who are skinny and some who are small

Friends who wear glasses or use a wheelchair  
And those with braces or funny things in their hair!!!

Some who are brainy, ahead of the rest  
Scoring superbly in every test  
Some are winners in other ways  
In music...dancing...painting...or on sports days...

Then, there are others who might not win any prizes  
But watch out, they too are full of surprises  
That's because each of us is one of a kind  
Specially created...specially designed...

We each have a purpose, each have a role  
Each with a dream, each with a goal  
We each are different, special... rare  
Each an answer to a special prayer...

So love who you are, in life have an aim  
Be happy to be special not boringly same  
Be who you are ...Do what you do  
We are all really special...coz I am I. And you are YOU!!!!

Written by our friend Vanessa Ohri

# A Comprehensive Report

From

# TRINAYANI

June 2006 - March 2013

Over one billion people or approximately 15 per cent of the world's population live with some form of disability. Persons with disabilities, "the world's largest minority", often face barriers to participation in all aspects of society. Funnily however, most of the non disabled persons want to believe that any kind of disability happens only to "others". In our society, any Disability a person may have is often perceived as a "Problem". At Trinayani we believe that the real "Problem" lies in most of us, who still find it difficult to accept another person who is different.

Disability is not the "Problem". **The real problem is attitudinal barriers.**



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Dear Friends

Heartiest greetings from Trinayani.

I want to take this opportunity of extending my gratitude to all who believe in us and in our vision.

It gives me great pleasure to present Trinayani's first Comprehensive Report, since its inception in 2006 till March 2013, with the promise of henceforth bringing out an Annual report every year.

In this seven year journey we have been blessed with support, advice, finances, love and encouragement from our friends, well wishers, family, associates, like minded NGOS and at times from total strangers.

Having completed my B.Ed in Deaf Education in 1990, I worked for various organizations in various capacities, working directly with persons with disabilities and their families. Over the years, however, during my interaction with audiences in the capacity of a Special educator and also an entertainer I realized that the awareness regarding disability issues among the non-disabled population of our country was and is either minimal or nonexistent.

I also observed that while interacting with someone with a disability, people were caught in an avoid/help kind of a conflicting situation and felt anxious. People were misinformed and ignorant about the world of persons with disabilities.

And so TRINAYANI was born as a Cross Disability organization, which means we create awareness about all disabilities and its related issues, among all stakeholders in society.

TRINAYANI functions as an Advocacy driven NGO, focused about changing perceptions/ stereotypes, altering mindsets, erasing fears, confusion and ending unfair and unfounded prejudices about the world of people with disabilities. Believing in an inter-disability self-advocacy approach, we also involve persons with disabilities actively and directly in all our advocacy initiatives.

In 2009 as a direct result of our advocacy work we also began working towards securing meaningful employment for persons with all disabilities and ourselves launched the Sparsh Foot Spa employing blind persons trained in Foot Reflexology Massage Therapists.

Please read along to find out what we do at TRINAYANI to change lives and perceptions.

Warm Regards

Ritika Sahni  
Founder Trustee

## **MISSION & VISION OF TRINAYANI**

Mission Statement:

**To Include, Honour & Empower Persons with Disabilities (PWDs).**

Vision Statement:

**To live in a world where PWDs are understood and respectfully included to live a meaningful life, on justified terms.**

Vision Tag Line:

**A Disability Friendly World for a Better Me.**



## **OUR TRUSTEES**

### **CHAIRMAN: INDRANIL GOSWAMI**



Mr. Indranil Goswami is a professional Filmmaker, Writer and a Creative Consultant. He works as an independent Director and a freelance Creative Head for various production houses and organizations in the Mumbai Entertainment Industry.

As a trustee, Indranil is involved in the development processes of all contents created by Trinayani pertaining to disability awareness, that ranges across Short films, Booklets, Posters, Radio Programs, Biographies and other presentation packages.

Almost three decades of a bright professional career has earned Indranil several awards of national and international repute. Recently, a short film about disability, made by him for Trinayani, has been awarded as the Best Film at the WE CARE FILM FESTIVAL (UNESCO) in 2013.

### **VICE-CHAIRMAN: RAKESH SAHNI**



Rakesh is a Consultant in Indian Contemporary Art, involved in curatorial and archival ventures in his own creative space called "Gallery Rasa" in Kolkata. Rakesh has spearheaded some noteworthy Art Exhibitions, curated by him. Information on the same is available on his website [www.galleryrasa.com](http://www.galleryrasa.com)

He has also been involved with different welfare activities as the National Convener, Human Resource and Development of Round Table India and is currently actively involved as a member of Rotary.

### **FOUNDER TRUSTEE: RITIKA SAHNI**



Ritika Sahni spearheads all the activities of Trinayani. She is a trained Special Educator and Singer-Performer with Bollywood Film Playback Hits and noteworthy Indi-Pop Albums to her credit. She regularly produces Music for Children which work as great Fun-Learning Aid at Nursery Schools and Developmental Workshops.

She has a Masters Degree in Music from Rabindra Bharti University, Kolkata and a Bachelor's Degree in Deaf Education from Ali Yavar Jung National Institute for the Hearing Handicapped, Mumbai. She has taught and lectured at various institutions dealing with disability.

## TESTIMONIAL FROM THE NATIONAL TRUST



श्रीमती पूनम नटराजन

अध्यक्षा

*Mrs. Poonam Natarajan*

Chairperson

राष्ट्रीय न्यास

स्वपरायणता, प्रमत्तिष्क धात, मानसिक मंदता एवं  
बहु-निःशक्तताग्रस्त व्यक्तियों के कल्याण हेतु

**National Trust**

for the Welfare of Persons with Autism, Cerebral Palsy,  
Mental Retardation and Multiple Disabilities



सामाजिक न्याय और अधिकारिता  
मंत्रालय, भारत सरकार  
Ministry of Social Justice &  
Empowerment, Govt. of India

4<sup>th</sup> June, 2013

### TRINAYANI's stellar role in the field of disability

I would like to congratulate Trinayani for the excellent work they have been doing in the field of disability for the past eight years. They have always worked for inclusion in the mainstream society. They are passionately trying to create an aware, respectful and disability friendly society. Following the principals of UNCRPD they have truly taken care of the dignity of people with disability. Their advocacy for persons with disabilities has yielded many successful outcomes. Trinayani brought fresh energy and zeal in the way they talk about persons with disability.

National Trust has always endorsed Trinayani's **Count Me In** Disability Awareness Campaign for Census 2011 and also endorsed and supported them to reach out their awareness booklets to NGOs across the country. We believe in their passion to make a difference to the cause of Disability Equality.

Many congratulations for the wonderful poem "I am Special So Are You" and also for winning the We Care Award.

I wish Trinayani all the best for their future endeavours.

*Poonam Natarajan*  
(Poonam Natarajan)

The National Trust offers 100% tax exemption to donors u/s 80G (2) (a)(iii)(h) of the IT Act.

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## TESTIMONIAL FROM INDIGO AIRLINES



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24/05/2013

Dear Ritika,

Congratulations on completing 8 years of wonderful work by Trinayani!

At IndiGo, Trinayani, is credited with doing a ground breaking work by partnering with IndiGo in enhancing the learning experience for personnel involved in dealing with People with Disability.

It is perhaps for the first time that an Airline partnered with an NGO, to provide real life insight by inviting self-advocates sharing their experience during air travel.

This holistic approach helped us in enhancing a more practical solution to the commonly faced queries. The practical role plays involving wheelchair transfer, handling of passenger with visual and/or hearing disability and hearing them has sensitized our people making our operations more disabled friendly.

Fresh ideas like "rain cover" for the wheelchair (taken as check in bag) to prevent damage were conceptualized during this work shop. There were meaningful discussions, which lead to formulation of procedures for better storage/ handling of wheelchairs, our website being made more user friendly, with appropriate verbiage and easy selection option for wheelchairs.

All this has made the experience for our passengers more hassle free...which is also one of our founding pillars.

Thank you, once again, for partnering with IndiGo and wish you & Trinayani very best for future endeavors.

Warm regards

Sumit Sharma  
Director, In Fly  
Learning & Development  
IndiGo



Registered Office: Central Wing, Ground Floor, Tower House, 124, Janpath, New Delhi - 110 001 India



## **TESTIMONIAL FROM PRATHAM, AN NGO**

प्रथम विकलांग बच्चों के लिए गए ५ सालों से काम कर रही है, ऐसे ही इन बच्चों के प्रति समाज में जनजागृती बढ़ाकर बच्चों को उनके अधिकार दिलाने की कोशिश कर रही है।

पिछले साल प्रथम ने त्रिनयनी संस्था की तरफ से प्रथम के कार्यकर्ताओं के लिए और अभिभावकों के लिए जनजागृती फैलाने के उद्देश्य से कार्यशाला का आयोजन किया था।

त्रिनयनी जिस तरीके से अपनी बात हमारे सामने रखी और हमें मार्गदर्शन किया, ऐसा पहले कभी नहीं हुआ। कुछ संस्थाओं ने भी मार्गदर्शन किया लेकिन उन्होंने विकलांगता का कोई एक ही प्रकार समझाया लेकिन त्रिनयनी की तरफ से सभी बातें बताई गईं और यह सब समझने में बहुत आसान थी, क्योंकि यह सब हिंदी में था। इसकी सहाय्यता हमें हमारे काम में हो रही है।

हम आशा करते हैं की संस्था अपने काम से आगे बढ़े और समाज प्रबोधन का काम करे।

**तुषार कदम**  
(प्रथम प्रतिनिधि)

आपकी कार्यशाला बहुत प्रोत्साहित करने वाली है। लोगों को समझना और समझाना दोनों काम आसानी से करते हैं। अपनी भाषा में समझने से बहुत से चीजें साफ हो गईं। यह सब भविष्य में हमारे काम में उपयुक्त होगा।

**सुभाष राजन**  
(प्रथम प्रतिनिधि)

## **OUR INITIATIVES**

<b>1.</b>	<b>DISABILITY AWARENESS WORKSHOPS</b>	<b>8 - 32</b>
<b>2.</b>	<b>AWARENESS FILMS</b>	<b>33 - 37</b>
<b>3.</b>	<b>RADIO SHOW - "MUD MUD KE NA DEKH"</b>	<b>38 - 47</b>
<b>4.</b>	<b>"COUNT ME IN" DISABILITY AWARENESS CAMPAIGN FOR CENSUS 2011</b>	<b>48 - 53</b>
<b>5.</b>	<b>EMPLOYMENT OF PWDS</b>	<b>54 - 60</b>
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## **"LOOK AT ME" WORKSHOPS FOR STUDENTS**

Disability Awareness to us means enabling people to accept and understand people with differing abilities by helping erase fear and confusion in their minds.

To achieve the purpose of Disability Awareness and to question defined categories of normalcy and ability we design "Awareness and Sensitization Workshops" in accordance with the "Need Base and Relevance" of different groups of professionals hailing from educational institutions, various industries and public service sectors, particularly in the areas of decision making regarding accessibility. These workshops commenced from the very inception of Trinayani in 2006.

All our workshops are conducted by experts from the disability sector and Self advocates with different disabilities.

OUR aim is to communicate **APPROPRIATE INFORMATION** on disability issues and provide **APPROPRIATE VISIBILITY** of people with disabilities, to alter perspectives of the non disabled population on the strengths, problems and discrimination faced by persons with disability.

### **LOOK AT ME DISABILITY AWARENESS STUDENTS WORKSHOPS:**

#### **Aims and Objectives**

- To instill in the student community a feeling of camaraderie and togetherness, so that ordinary students accept children with disability among them and build bonds of friendship with each other.
- To educate and sensitize, to remove misconceptions, project correct and positive portrayals of people with disabilities and present correct information about them, busting myths.
- To understand the meaning of disabilities and how it is not a reflection of an individual's personality.
- To encourage empathy and understanding.
- To allow them to deal and communicate with persons with disabilities through inclusive activities.
- To explain the types of disabilities that can be expected in society particularly among fellow students.
- And to expose students to the concept of social equality regardless of disabilities.

### **SOME SCHOOLS IN WHICH "LOOK AT ME" DISABILITY AWARENESS WORKSHOPS WERE CONDUCTED:**

<b>Name of the School / Institution</b>	<b>City</b>
Akshar	Kolkata
Apeejay School ( Park Street and Salt Lake )	Kolkata
The Heritage School	Kolkata
Mahadevi Birla Girls High School	Kolkata
National Gems Higher Secondary School	Kolkata
R.N. Singh Memorial school	Kolkata
Lycee	Kolkata
Don Bosco High School	Panjim
Nirmala Institute of Education	Altinho, Panjim
CEG	Mumbai
Chubby Cheeks	Goa
Our Lady of the Rosary High School	Goa
Rosary High School	Miramar
V.N. Salgaonkar Law School	Goa
Dhempe College of Arts and Sciences	Goa
DES New English School	Pune



Dav School	Pune
Global International School	Pune
Vikhe Patil Memorial School	Pune
Lourdes Convent	Goa
MIT School	Pune
Vidya Valley School	Pune
Delhi Public Society	Surat



**WORKSHOP AT VIDYA VALLEY SCHOOL PUNE  
FOR STD 8 STUDENTS**

## Good MORNING CALCUTTA

Hello, It's Saturday, November 18, 2006.

### Film awards nite

■ Fairveer Anandilal Pattnaik 2006 at Science City auditorium, 8 pm.

### Workshop, seminar, fair

■ Workshop on Media and Disability, conducted by Ritika Sahni of Tripartite Welfare Trust, at the Satyajit Ray Film and Television Institute, 3 pm.

■ Shakti: Parents as Advocates, a seminar by Indian Institute of Cerebral Palsy, on its Taratala premises, 10 am to 4:30 pm.

■ Kitchener 2006 at Ice Skating Rink, 1 pm to 8 pm.

■ Winter Carnival at St Paul's Cathedral.

### The arts & marathon

■ Concepts & Ideas 2006, an exhibition of works by various artists, at CIMA Gallery, 3 pm to 7 pm.

■ An exhibition of paintings by Partha Pratim Deb will open at Askrini Art Gallery, 4 pm.

■ Parisian thoroughfares, a concert at Princeton Club.

## Good MORNING CALCUTTA

Hello, It's Monday, November 13, 2006.

### School fest

■ TTD and Nature Club of Mahadevi Biria Girls Higher Secondary School will present Dance 2006, on the school campus.

### Launch

■ William Shakespeare's *The Last Merchant: The Poet of a Dynasty*, Delhi, 1485, will be launched at The Forum, 7:30 pm.

### Film fare

■ Screening of *Colour of Paradise* as part of disability awareness film festival, at RV Memorial School, Kakinada, 11:30 am.

### Discussion

■ National conference on National Library as an intellectual resource: challenges and prospects, at Bhamburda, 10:30 am.



THE TIMES OF INDIA, GOA  
THURSDAY, AUGUST 18, 2011

## 'Environment more disabling'

TIMES NEWS NETWORK

**Dona Paula:** More than their physical disabilities, architectural and environmental barriers prevent participation of persons with disabilities in society, said Ritika Sahani, founder of Trinayani, a Mumbai-based disability awareness welfare trust.

Elucidating on what she termed as a "disabling environment", Sahani said, "If a person with a disability wants to go to a theatre or a mall, do these places provide adequate facilities such as

ramps or railings? We shouldn't presume disability is causing the problem."

Sahani was speaking at an interactive session aimed at sensitizing people towards those with disabilities, held at International Centre, Goa, on Wednesday.

Urging people to refrain from using terms like retarded, suffering from polio, crippled, physically challenged, Sahani said, "Every word brings an image to your mind. Who are we to say that people are suffering? They need empathy not sympathy."

## Films on people with disability

**MUMBAI:** Three films, each of one-minute duration, promoting sensitivity towards people with disability will be screened by Shamiana - The Short Film Club, along with other short films at Not Just Jazz By The Bay, Marine Drive at 6.30 pm on Wednesday. The films have been made by a non-profit welfare trust, Trinayani. An entry fee of Rs 100 will be levied for the event.

THE TELEGRAPH CALCUTTA THURSDAY 30 NOVEMBER 2006

## Bond, a special bond

**A STAFF REPORTER**

The 10-day-long disability awareness film festival Look At Me, organised by Trinayani, a Calcutta-based trust, in various schools of the city came to an end on November 21. The festival aimed at accommodating the disabled in the mainstream.

"We knew the attack against barriers that separate the disabled from us had to be two-pronged," said Ritika Sahani, singer, activist and secretary of Trinayani. "There is a need to prepare the disabled to be part of the mainstream. At the same time, we also need to sensitise the general public about these issues, to make social inclusion possible."

The films screened included *Colour of Paradise* (by Majid Majidi), *In the Land of the Deaf* (by Nicholas Philibert), *Colour of the Blind* (by Chen Guoxing), *Iqbal* (by Nagesh Kukunoor), *Aryali* (by Mani Ratnam) and *Chhoo Lengay Akash* (by Virendra Saini).

A major draw was the screening of the audio-described version of *Munnabhai MBBS* at Bhawanipur Gujarati Education Society in the presence of actor Boman Irani. Students of five blind schools and other regular schools watched the show.

"In the audio-described version, the silent parts in the movies are filled in with appropriate commentaries to ensure the continuity is not lost.

This enables the visually-impaired to follow the dialogues," explained Sahani.

A workshop was organised at Satyajit Ray Film and Television Institute (SRFTI) to raise awareness among future film-makers about the need for proper portrayal of disability in a medium that reaches out to the masses. "I am encouraged by the response I got from SRFTI and would like to take this idea further to cover the media schools in Calcutta," said Sahani.

The festival generated great response with several schools wanting to host such screenings. Many students and teachers volunteered to work for the disabled after the event, added Sahani.



## Role and impact of teachers underlined at principals' meet

By Anil Kumar

Pune: Speakers at 'Innovative Education Conference', the Times HE principals' seminar on Monday underlined the impact and role of teachers in shaping young lives and thought processes.

Be it the importance of nurturing diversity among schoolchildren, the expectations of teachers as role models in students' lives, the need for consistency in schools or an introduction to the concept of life coaching, the role of teachers was extremely important, they said.

Life coach Pooja Khurana told the audience that life coaching was similar to sports coaching. "When you start to coach in the game of life, you go in for life coaching. It helps you to discover your self, makes you aware of your strengths and weakness, and take control."

Khurana pointed out that a coach is neither a critic nor an adviser but a friend who will help take you from where you were to where you want to be. At the same time, you don't become dependent on the life coach, since self-discovery becomes a part of the process, she said. Illustrating through a story, "There is only one person capable of leading your growth. You, Life changes when you change, not when your boss changes," she said.

Explicating her journey from sports to the formation of the non-governmental organisation (NGO) 'Coaching' that works towards the prevention of suicide among young people, Arundhati Das said that the necessity of



Speakers Arundhati Das, Pooja Khurana, and Anil Kumar at the HE principals' seminar on Monday.



THE TELEGRAPH CALCUTTA TUESDAY 14 NOVEMBER 2006

**METRO**

## Films to down barriers of disability

Films, like pictures, convey a thousand messages. And they are, indeed, the best media to reach the masses.

In an attempt to sensitise people to issues pertaining to the physically challenged, Look At Me, a disability awareness film festival, is currently on in the city.

Organised by Trinayani, a Calcutta-based trust, more than 10 movies, short films and documentaries will be screened at 10 schools and colleges across the city.

"Most of us are ignorant about issues related to disability. Our reactions are the outcome of this ignorance. We are attempting to expose the innocent man to a world which he is not aware

of," said Ritika Saha, singer, activist and secretary of Trinayani.

The 10-day festival started with the screening of Iranian film *Colour of Paradise* by Majid Majidi, at RN Singh Memorial School on November 13.

The festival will also feature a few famous films, like *In the Land of the Blind*, *Colour of the Blind* by Chen Kaige, *Ajda* by Nagesh Kukunoor, *Ajda* for Mini Hassan and *Chhoo Leena Aash* by Vinodha Nair.

"The world over, disability awareness film festivals have become a popular and effective medium for breaking down stereotypes," explained Saha.

Students attending the



Children in rapt attention at the RN Singh Memorial School screening on Monday. Photo by Chandan Chatterjee

screening were touched by the movies.

"I am really moved by the story of Kamal, the boy who transcribed *Wings of Fire*, written by President A.P.J. Abdul Kalam, into Braille. He achieved something that we cannot even think of," said Sayant Paul, a Class X student of RN Singh Memorial School.

The trust is also celebrating Children's Day with a dinner. In association with Calcutta Metropolitan Board Table 61, Calcutta Metropolitan Ladies Circle and the National Association of the Blind, the trust has managed to rope in Bollywood actor Ramesh Bhasin for a special screening of the Bangla Desh starer *Murad* film *Murad*.

"We are going to screen an audio described version of *Murad* film *Murad* for blind students from five schools, along with other students," said Saha.

Besides screening the films in the schools like Ashish, Apejan, National Ganga Higher Secondary School and Heritage School, Trinayani is also organising workshops on understanding disability at Satyajit Ray Film and Television Institute and National Ganga Higher Secondary school on November 18.

"The workshop and the festival are attempts to remove the social barriers and bring the physically challenged people to the mainstream," signed off Saha.

— CHANDAN CHATTERJEE



## **“UNDERSTANDING DISABILITY” WORKSHOP FOR TEACHERS**

### **Aspirations and Objectives**

- To introduce disability concept and issues to school teachers and make them aware of importance of inclusive approach to education thus making Right To Education a reality in our country.
- To give relevant but brief and precise information about various disabilities commonly observed.
- Dispelling myths and misconceptions about people with disabilities.
- To give a clearer conception on Impairments, Disability and Handicap.
- To introduce the Social model of disability as opposed to the charity or Medical model of disability.
- To introduce topics like Disability Etiquette, Correct Terminology and Appropriate Language.
- To empower teachers to recognize the barriers faced by people with disabilities, covering Attitude, Environment and Organization.
- To understand the issues of ACCESS for disabled people.

We also provide teachers with a variety of materials to help introduce and incorporate disability awareness concepts into their classrooms to promote empathy and understanding among students and promote inclusion of all abilities.

### **TEACHERS WORKSHOPS WERE CONDUCTED IN:**

Pratham	Mumbai
Alexandria High School	Mumbai
Beacon High	Mumbai
Abhinav Vidyalaya	Pune
St. Paul's School	Pune
MKV School	Howrah



### **WORKSHOP FOR TEACHERS AT ABHINAVA HIGH SCHOOL, PUNE**



**SELF ADVOCATE JEEJA GHOSH SHARING HER EXPERIENCES WITH TEACHERS OF MKC KENDRIYA VIDYALAYA, HOWRAH ON 28TH AUGUST 2010**



**EXPERIENCING DISABILITY SESSIONS IN PROGRESS FOR DIFFERENT GROUPS OF PRATHAM TRAINEES**



## **THE "TSUNAMI RESPONSE" PROGRAM, ANDAMAN & NICOBAR ISLANDS INDIA**

### **5-8 October 2007**

Our Founder Trustee Ritika Sahni Designed and Conducted a Two day – 'Parents Training Camp on Disability' on "Understanding and Dealing with Disability at Home", organised by ASHA BHAWAN CENTER, supported by AVTM FRANCE and ACTION AID, conducted in Port Blair. Andaman & Nicobar Islands.

**Topics discussed were** -Understanding Disability – the causes of Disability – the types of Disability – Identifying Needs of Disabled Children – Specific and Special Needs of Disabled Persons – Do's and Don'ts while dealing with disabled children – Coping with disability at home – Rights and entitlements of disabled persons –followed by an Q&A Session



## **"SIGN LANGUAGE LEARNING" WORKSHOPS**

The purpose of the Sign Language session is to introduce the students to the world of Deaf people, their community, their culture and their first language. Conducted by a Deaf Instructor, Sign Language Interpreter and a Resource person in the session they explain how Sign language is a visual gestural language used by deaf population for interpersonal communication and is a language like any other language.

**WE CONDUCTED SIGN LANGUAGE LEARNING WORKSHOPS IN THE FOLLOWING SCHOOLS IN MUMBAI:**

Childrens academy
D J Khaitan International school
Savitridevi Hariram Agarwal International School
P. G. Garodia High School



**'LEARNING BY DOING' AT SAVITRIDEVI HARIRAM AGARWAL INTERNATIONAL SCHOOL MUMBAI**



**P. G. GARODIA HIGH SCHOOL STUDENTS ENJOYING LEARNING SIGNED ENGLISH**







## KOSHISH: Opening Avenues of Employability for Persons with Physical Disability

Date: Saturday 10<sup>th</sup> December 2011.

Venue: - Hotel Executive Enclave, 331, Dr Ambedkar Road, Pali Hill, Bandra (W)

Mumbai 400050. Ph: 26490227/ 26047144

### PROGRAMME

10.30 am to 11.00 am	-	Registration
11.00 am to 11.05 am	-	Lighting of the Lamp Ms. Veena Rohra, Director, Executive Enclave Ms. Ritika Sahni, Founder Trustee, Trinayani & Guests
11.05 am to 11.10 am	-	2 Films by Trinayani
11.10 am to 11.20 am	-	Introduction to the Workshop Ms. Ritika Sahni
11.20 am to 11.50 am	-	Employment Readiness for Banking Industry Mr. Siddharth Umesh, Senior Talent Acquisition Specialist, Wholesale Banking, Standard Chartered Bank
11.50 am to 12.20 pm	-	Preparation towards Employment Ms. Chitra Laxman, Director - Vidya Vardhani Foundation Trust.
12.20 pm to 12.45 pm	-	Employer Prospective (Hospitality Industry) Mr. Dhananjay Kulkarni, Manager, Human Resources, ITC. Grand Central Mumbai.
12.45 pm to 1.15 pm	-	Reasonable Accommodation at home and workplace Mr. Nilesh Singit, Research & Advocacy Officer, Centre for Disability Studies, NALSAR University of Law
1.15 pm to 2.15 pm	-	Lunch
2.15 pm to 3.00 pm	-	Panel – Personal Experience Sharing Chair - Ms. Geeta Castelino, Consultant & Advisor/ Mentor with leading Design Institutes, a Designer, Consulting Psychologist and on the Board of Director of the Kala Ghoda Association, Mumbai.
Speakers –		
<ul style="list-style-type: none"> <li>• Dr. Ravi Subbaiah, Worlds Only Disabled TV Journalist, Editor in Chief of NMTV (Mumbai's local channel)</li> <li>• Mr. Parvez Irani</li> <li>• Mr. Milind Jathar, Web Designer with Web Access</li> <li>• Mr. Suryakant Walunj, Web Designer with Retro India Ltd.</li> </ul>		
3.00 pm to 3.30 pm	-	Enhancing Mobility Ferdinand Rodricks, Proprietor, Ferro Equip. Specializing in Vehicular Customization for Persons with Physical Disability
3.30 pm to 3.40 pm	-	Tea
3.40pm to 4.30pm	-	Interactive Questions & Answers Session with Audience

### KOSHISH WORKSHOP SCHEDULE



**A FREE FOR ALL WORKSHOP TITLED “KOSHISH” - ‘OPENING AVENUES TO EMPLOYABILITY’ WAS CONDUCTED FOR YOUTH WITH PHYSICAL DISABILITIES, ON THE OCCASION OF HUMAN RIGHTS DAY ON 10TH DECEMBER 2011, IN MUMBAI**

We thank Vandana Garware for her inputs in designing this workshop and Kanchan Rohera for her support in acquiring Executive Enclave as the venue for the workshop.

The objective of the workshop was to offer guidance and support in the search for suitable employment to youth with physical disabilities. Interactive sessions with employers, head- hunters and private institutions working in the disability sector, disability activists, and disabled youth successfully employed were a major part of the deliberations. The focus was on attitude-building, stress management techniques, employment-readiness skills, and knowledge of prerequisites for employment in the contemporary market. Most importantly, attitudinal barriers to employment were analyzed for resolution to facilitate employment efforts. A Human Rights and Social Justice Perspective governed the workshop proceedings in keeping with prevailing international and national mandates.



**MR SIDDHARTH UMESH FROM STANDARD CHARTERED SHOWING A POWER POINT PRESENTATION FOR PARTICIPANTS OF KOSHISH**



**VOLUNTEER KANCHAN ROHERA EXPLAINING ADVOCACY MATERIALS  
TO PARTICIPANTS AT THE KOSHISH WORKSHOP**



**MILIND JATHAR (IN BLUE) SHARING HIS EXPERIENCE WHILE PANELISTS SURYAKANT,  
PARVEZ AND GEETA CASTALINO LISTEN ON, ALONG WITH AUDIENCES AT KOSHISH**



## SCREENING OF "AUDIO DESCRIBED FILMS" FOR BLIND STUDENTS


"If you can't see doesn't mean you can't dream" is what we believe in, and so we screen Audio Described Films for an inclusive audience of students. We hosted our first event on 14th of November 2006 celebrating Children's Day wherein we invited students from five Schools for the Blind along with students from regular schools and screened MUNNA BHAI MBBS, which we sourced from Saksham a nonprofit organization in Delhi.

The event was organized in association with Calcutta Metropolitan Round Table 41, Calcutta Metropolitan ladies Circle No 65 and National Association of the Blind.

**OUR SINCEREST GRATITUDE TO MR BOMAN IRANI , WHO AGREED TO COME IN TO KOLKATA FOR A DAY TO INAUGURATE AND SPEND TIME WITH THE INCLUSIVE CROWD OF DISABLED AND NON DISABLED STUDENTS AT THE SCREENING.**



in association with



**National Association of the Blind**

Calcutta Metropolitan Round Table No. 41

Calcutta Metropolitan Ladies Circle No. 65

cordially invites you to a

Press Meet with our Chief Guest

**Mr. Boman Irani**

to be followed by an Audio Described Screening of

**MUNNA BHAI MBBS** for the visually impaired

on the occasion of Children's Day


on Tuesday, November 14th, 2006

at Bhowanipore Gujarati Education Society

Elgin Road, Kolkata.

*Admit One*

Programme — 1:00 pm : Brunch • 1:45pm : Press Meet • 3:00 pm : Film Screening





## UN screening has Boman bowled

**DEBANTA Guha**

**H**e is just back from the UN where *Lage Raho Muhandaz* was screened at the United Nations on November 16. Boman Irani, who plays the evil builder Lucky Singh in the film, is simply "overwhelmed."

"United secretary general Ban Ki-moon introduced the film to the audience who were crying, laughing and, mind you, they were reacting to subtitles," says

**For children:** Boman Irani at the screening of *Munna Bhai MBBS* in Kolkata on Tuesday

the actor who was in town for the audio described screening of *Munna Bhai MBBS*, for visually impaired children, presented by Trinajanti at Bhowanipore Gujarati Education Society on Tuesday. So moved was Boman with the message that he has asked director Raju Hirani to release DVDs of *Lage Raho...* with commentary.

Back to the UN screening, Boman recalls how one person said "What a movie," and the audience sat erupted. "We took pictures, went to the passage which has the flag of the member countries and grabbed the Indian flag. It's about feeling good. It's no longer about

the money," adds the actor, who has had hits like *Being Cyrus*, *Lage Raho Muhandaz*, *Khosla Ka Ghosla* and *Don* this year. He says the year doesn't belong to him but to the audience, which is more mature than ever. "The best part is that even the non-Hindi movie is getting audience in new watching Hindi films," adds Boman, who plays that co-star Arshad Warsi wins an award this time (he missed out with *Munna Bhai MBBS*). What about playing badfire in his films this year? "The directors have evolved. No one can be 100 per cent bad," says Boman.

[debangtaguha@hindustantimes.com](mailto:debangtaguha@hindustantimes.com)



# Munnabhai for the visually challenged

Shilpa Kundra / Free

**Balkrishna:** "The disabled are not different from us. Only they do things differently". As noted actor Boman Irani came to the city for a special screening of *Audio Described Film Screening (ADFS)* of the blockbuster *Munnabhai MBBS* on Tuesday at Bhawanipur Gujarati Education Society, Children's Day couldn't have been celebrated in a better way.

Organised by Trinayani, the event had brought together not only visually challenged students from National Association of Blind, but also other students suffering from various other kind of disabilities. The programme is part of the 15-day long film festival "Look At Me" presented by Trinayani in association with NAR, Calcutta Metropolitan Board Table No. 41 and Calcutta Metropolitan Ladies Circle No. 61. The festival will screen various films creating awareness on disability issues at schools like Ageeja, The Heritage School, National Girls Mahadevi, Buria Girls' HR School, Lovers, Akshat, RN Memorial Hall and Suryaji Ray Film and Television Institute. The films up for screening include *The Land of the Deaf*, *Colour of Paradise*, *Jarvis*, *Chhota Lengey Akash*, *Colour of Blind*, *Beyond Silence*.

"The disabled are no different from the so-called 'normal' ones. And if anybody is to blame for their lack of progress in the society, it's us. It is not the fault of the man on a wheelchair that he cannot climb up to the top floor of a shopping mall. It's someone at fault who hasn't devised a special escalator for them," said Kamaldeep Gaba, secretary of NAR, himself visually challenged. Echoing a similar sentiment, who was ably assisted by the whole cause and the special screening of the ADFS of



Actor Boman Irani lights the inaugural lamp with visually challenged kids at the special screening of *Munnabhai MBBS*.

*Munnabhai*, Boman Irani added that disabled doesn't need sympathy but proper accessibility to progress. "We are all disabled in some way or other. Only our method of coping up is different from theirs," remarked Irani.

A surprise awaited the organisers as Irani announced that initiative is being taken to release a ADFS version of the recent blockbuster *Lage Raho MunnaBhai*, which will be available with the original DVD of the movie. *Audio Described Film Screening* means with a running background commentary to help the disabled to follow the scenes. "Everyone talks about equipping blind with education to survive. But this is the first time when someone has thought that they have a right to entertainment as well," remarked Gaba as she thanked the organisers.



## 'Being real is boring'

**B**oman Irani on screen is not much different from Boman Irani off it. And that's not the only thing that makes him our very own Jack Nicholson. Just like Jack had said during the making of Stanley Kubrick's *The Shining*, Boman admitted on Tuesday afternoon: "Being real is great, but it is also very boring for the audience".

And that's why the actor who does loads of research to get into the skin of his varied characters — Dr Ashtavinayak, Lucky Singh, DCP D'Silva — brings that "something extra" to touch people in a special way. On Tuesday it was Boman's turn to touch the hearts of visually challenged kids who had gathered at the Bhawanipur Gujarati Educa-

tional Society. "I believe this was the first time a commercial Indian film was screened at the United Nations," Boman said. "It was so good to see the audience, 90 per cent Whites, crying and laughing throughout. Imagine, they were just reacting to the subtitled".

Boman feels *Lage Raho MunnaBhai* has taken a life of its own and its therapeutic effect is unique. "What is happening is just beyond cinema," he said. "We do not set out to make movies to change people's lives but this film has done that and beyond. It has become an epiphany of sorts".

So, even though Boman is fresh from his evil screen persona in *Don*, he prefers to keep rambling about his stint as the Sardar in *Lage Raho*. "While

coming to this event I had a telephonic chat with director Balkrishna Hirani and we are planning to add a commentary audio channel in the DVD of the film when it comes out."

Boman is proud that these days his fans don't call him Mamu but give him "Get well soon" cards. "To break an image you have to disappoint the audience," he revealed. "Throughout *Don*, I felt everyone was expecting me to crack a joke but I didn't."

And taking an envious filmography forward, Boman (who couldn't fulfil his Calcutta ambition of going to Flurys on Tuesday), will now be seen in Rama Kanti's *Ramachandran Travels For Lal and Velha Vinod Chopra's Ekidana*.

Pratim D. Gupta

## **INCLUSIVE VISUAL ARTS WORKSHOP- "TRIUMPH TOGETHER"**

Triumph Together is an advocacy initiative of Trinayani to bring together persons with and without disabilities under one creative platform. **The aim** of this workshop is to create an environment where people with or without different disabilities are persuaded to collaborate with each other, **rely on and work with each other's special skills. The basic premise** of the workshop is that people with disabilities possess skills and/or abilities that non-disabled people do not. All participants of 'Triumph Together' are awarded a certificate of participation.

In Mumbai The Triumph Together series was launched with a 'Raga To Bollywood Inclusive Music Workshop' at D.G. Khetan International School, Malad and was conducted by Ms Sunita Bhuyan, Head, Learning & Development at Syntel and also a performing violinist. The purpose of this workshop besides creating awareness amongst regular students about differences in people was also to create appreciation of Indian Classical Music through the use of Bollywood film hits.

### **PARTICIPATING ORGANIZATIONS FOR THE TRIUMPH TOGETHER WORKSHOPS:**

Artists from Khoj International, Kolkata
Indian Institute of Cerebral Palsy, Kolkata
Blind Peoples Association, Ahmedabad
Basti welfare society, Kolkata
Sanskardham Vidyalaya for the Hearing Impaired, Mumbai
V. D. Indian Society for children with Intellectual impairment. Mumbai
Kamala Mehta School for the Blind, Mumbai
Shashi Mangalyam Education Society for Slow learners, Mumbai
D. G. Khetan International, Mumbai
Fazlani l'Academie Globale, Mumbai
Stephen High School for the deaf, Mumbai
Society for the Education of the Crippled Children, Mumbai
Jai Vakeel School, Mumbai
Haji Ali Orthopedic Hospital, Mumbai
Helen Keller School for Dead, and Deaf-Blind , Mumbai



**KAVITA AGARWAL, PRINCIPAL, D. G. KHAITAN INTERNATIONAL SCHOOL MALAD MUMBAI, VIOLINIST  
SUNITA BHUYAN AND RITIKA SAHNI HANDING OVER THE CERTIFICATE OF PARTICIPATION TO  
STUDENTS OF SHASHI MANGALYAM SCHOOL FOR PERSONS WITH INTELLECTUAL IMPAIRMENT**



**MOMENTS FROM THE TRIUMPH TOGETHER WORKSHOP HELD AT FAZLANI L'ACADEMIE GLOBALE, MUMBAI, CONDUCTED BY NATASHA AGARWAL, FOUNDER OF "THREE LEFT FOOT" DANCE ACADEMY AND HER TEAM.**  
**NATASHA PROPAGATES 'PECKHAM SHED'S PHILOSOPHY THAT ENABLES STUDENTS TO CREATE THEIR OWN STORIES THROUGH 'RHYTHM, NOISE AND BODY'**



## **“DISABILITY EQUALITY” WORKSHOPS FOR THE CORPORATE SECTOR**

The Disability Equality workshops are specially designed for professional groups, keeping in mind the specific needs of persons with disability who are exposed to the “receiving end” of the particular profession or trade. Corporate workshops are designed keeping in mind the fact that it is important that all employees in any given company have an awareness of people with disabilities. This awareness includes understanding how to interact with and make the company’s services accessible to people with disabilities in order to maintain strong business relationships with them.

Conducted by professionals from the disability sector along with Self Advocates, the focus of these workshops is to bring about an attitudinal change in the participants, where disability is not looked down upon as an AFFLICTION but recognized as a DIFFERENCE. We create an atmosphere where participants can shed their preconceived notions, insecurities and express their own thoughts and curiosity to become “more aware” about disability issues.

The message driven home very strongly is that “Disability does not mean Inability”.

### **CORPORATES FOR WHOM WE HAVE CONDUCTED DISABILITY EQUALITY WORKSHOPS:**

<b>Name of the Corporate</b>	<b>City</b>
Confederation of Indian Industries	Kolkata
Mumbai Customs Physically Challenged Officers Association ( MCPCOA)	Mumbai
Pepsico Dhulagarh	Howrah
ITC Sonar Bangla	Kolkata
ITC Grand Chola	Chennai
ITC Royal Gardenia	Bangalore
ITC Grand Central	Mumbai
INDIGO AIRLINES	Gurgaon
Business Standard	Kolkata
Satyajit Ray Film and Television Institute	Kolkata
Whistling woods	Mumbai
Cidade de Goa	Goa
Sangath Counsellors and staff	Goa
Kadamba Transport Corporation	Panjim
Sai Service Auto Station (Borivali and Andheri)	Mumbai
Rotary Club of Bombay Mid City	Mumbai
Rotary Club of Bombay Pier	Mumbai
Rotary Club of Bombay West	Mumbai
Rotary Club of Chembur	Mumbai
Artists Center	Mumbai



**AWARENESS SESSION AT THE OFFICE OF BUSINESS STANDARD, KOLKATA**



**ADDRESSING PARTICIPANTS OF MEDIA AND DISABILITY COURSE AT ALI YAVAR JUNG NATIONAL INSTITUTE FOR THE HEARING HANDICAPPED, MUMBAI**



**MEETING WITH SELF ADVOCATES AT VIDYASAGAR, CHENNAI**



**AUDIENCE INTERACTING AT DISABILITY EQUALITY WORKSHOP FOR CONFEDERATION OF INDIAN INDUSTRIES (CII) AT TATA TELESERVICES CAMPUS IN KOLKATA ON 18.06.10**



**GROUP PHOTOGRAPH OF RITIKA SAHNI WITH SELF ADVOCATES DEN, SNEHA, ASHISH AND JEEJA DURING THE CII WORKSHOP IN KOLKATA**



## **“TRAINING OF TRAINERS” DISABILITY AWARENESS MODULE FOR INDIGO AIRLINES**

At Trinayani we feel that meeting the needs of disabled passengers should be both a personal and a corporate responsibility of an Airline. At the personal level, it is not only important to have the ability to recognize disabled passengers and the skill and confidence to assist or communicate with them. At the corporate level, it is important that the responsibility for meeting the needs of disabled passengers is accepted at the highest level, and delegated to people with the skills and authority to make changes.

We conducted interactive workshops at the Indigo training center at Gurgaon in August and September 2012 for two groups consisting of Airport managers, Call Centers employees, Heads and Trainers from across the country representing metros as well as smaller airports.

The two and a half day workshop focused on “Challenging and Addressing Perceptions” on disability, information on types of disabilities, disability etiquette, technology available for disability sector, access and universal design, experiencing disability and language of disability. We also had a session on sign language learning for each group conducted by a Deaf Instructor and Sign Language Interpreter.

As always we had dedicated sessions by self advocates. Mr George Abraham, CEO of Score Foundation Delhi, who is blind and himself a frequent Indigo flier complimented them on their services to PWDs, but gave interesting suggestions and inputs to better the services especially for visually impaired passengers. Ms Shivani Gupta from Accessibility India and Ms Anjlee Agarwal from Samartham , both wheelchair users and globe trotters shared their grievances particularly with transfers from wheelchair to the seats and handling of their personal wheelchairs in the cargo.

Harpreeti the Deaf Instructor and Namrata Patro the Sign Language Interpreter from Deafway, New Delhi, conducted the Sign Language sessions, with customized communication containing words, phrases and questions pertaining to air travel.

### **OUTCOMES:**

- We created a **“INDIGO LEARNING MODULE POWERPOINT AND AUDIO SCRIPT”** to be used for their In-house training.. All the Trinayani Awareness Films used in the workshop along with the ones shot during the workshop were given to Indigo for training of the staff.
- We suggested changes for the Indigo official website as regards the terminology used, along with clarity of services provided for PWDs.
- Our association resulted in the Wheelchairs being stored vertically and not horizontally and Indigo now provides Rexin covers so that the removable parts of the wheelchair are not misplaced.
- The number of Aisle chairs has been increased.
- Mobility chairs are now being replaced by Wheelchairs in the six metros.
- As a part of in-service on disability sensitization indigo now has online test papers for the staff.
- Informative articles provided by Trinayani on disability are circulated amongst the staff periodically.



**RITIKA SAHNI CONDUCTING THE INTRODUCTORY SESSION**

**NAMRATA AND HARPREETI FROM DEAF WAY DELHI CONDUCTING A SIGN LANGUAGE SESSION FOR INDIGO AIRLINES PARTICIPANTS**



**CONSULTANT SHOBHA SACHDEV EXPLAINING THE CORRECT WAY TO HELP A PWD TRANSFER FROM A WHEELCHAIR**



**PARTICIPANTS OF THE FIRST GROUP  
OF INDIGO WORKSHOP FROM  
ACROSS THE COUNTRY  
WITH SHOBHA AND RITIKA**

**SELF ADVOCATES ANJALI AGRWAL  
FROM SAMARTHYAM AND  
GEORGE ABRAHAM FROM SCORE  
FOUNDATION CONDUCTING  
SESSIONS AT OUR TOT WORKSHOP  
FOR INDIGO AIRLINES IN JULY  
AND AUGUST 2012..**





## **WORKSHOPS IN PUBLIC SPACES**



**ACCOMPLISHED DANCER SURJA SHEKHER WHO HAS DOWN SYNDROME FROM ANJIKA DANCE GROUP  
BEING INVITED BY RITIKA SAHNI TO RECITE A POEM FOR THE CAPTIVE AUDIENCE AT AMERICAN  
CONSULATE STALL AT INTERNATIONAL BOOK FAIR, KOLKATA**



**SASHWATI ACHARYA AND POETESS BARSHA BHATTACHARYA ADDRESSING  
THE AUDIENCE FROM THEIR WHEELCHAIRS**



**WHEELCHAIR AND AAC USER MADHURI KAPOOR AT THE BOOK FAIR COMMUNICATING THROUGH HER COMMUNICATION BOOK BEING SHOWN TO THE AUDIENCE BY RITIKA SAHNI**



## AWARENESS FILMS

As an effort of activism, we produce awareness films on issues pertaining to disability with the purpose to provide the masses an enjoyable and enlightening experience that will help breakdown stereotypes, promote a greater acceptance of differences and awareness of similarities. We use these films along with others we acquire from across the country, in all our awareness workshops. All our films are available on our You Tube channel "Trinayanifilms".

We are also associated with the WECARE FILMFEST promoted by Brotherhood Delhi, founded by Mr Satish Kapoor. Our Awareness Film "DARK" and "SONAL" was awarded the first and third prize at the WECARE Disability Film Festival held in New Delhi in 2008.

Noteworthy professionals from the entertainment industry have extended their support to us.







**RITIKA SAHNI RECEIVING THE AWARD FOR THE FILMS "DARK" AND "SONAL" THAT GOT THE FIRST AND SECOND AWARD IN THE ONE MIN CATEGORY OF THE WECARE FILMFEST**

**OUR FILMS WERE AIRED AS PUBLIC SERVICE ANNOUNCEMENTS ON THE FOLLOWING SATELLITE CHANNELS:**

**Times Now**  
**Aaj Tak**  
**Cnbc Tv 18**  
**Tara News**  
**Etv Bangla**  
**Sahara Samay**  
**Kolkata Tv**  
**NE Bangla**  
**Akash Bangla**

**OUR FILMS:**

Name of the Film	Directed by	Topic	Acknowledgements
Hey! What is your impression about persons with disability?	Ritika Sahni & Sudip Dutta	Fighting assumptions on Disability	Sudip Dutta and Jeeja Ghosh
Raga to Bollywood	Ritika Sahni	Triumph Together Inclusive Music workshop	Sunita Bhuyan
From Darkness to Light (The story of Sparsh Foot Spa)	Sudip Dutta	The story of Sparsh Foot Spa	Lata, Bhagyasree, Sachin & Sudip Dutta
Pradeep's Language	Ritika Sahni		Pradeep Sinha, Devyani Hadkar

Name of the Film	Directed by	Topic	Acknowledgements
I am Special, So are You	Indranil Goswami Pushpank Gawde (DOP)	Celebrating Diversities	Lal Vijay, Abhay Singh Mona Shetty, Shobha Sachdev
Respect my existence	Indranil Goswami Pushpank Gawde (DOP)	Inclusion	Iteshree Date
Sonal	Black Magic Motion Pictures	Meet me to Know me	Arjun Gaurisaria, Dadu, Sonal Konkane
Angshu	Agnidev Chatterjee	Advocating Oral Education for the Deaf	Angshu Jajodia, Bhagyalakshmi Studios Kolkatta
Dark	Indranil Goswami	Exploring the strength of persons with disabilities to see in the dark	Indranil Sen, Adinath from SRFTI, Kolkata, Bablu Haldar
How does it matter?	Kamelesh Mukhodapadhyay	Where there is a will there is a way	Amit Sen
Meet Gopal	Ritika Sahni	Promoting Sign language	Sudip Dutta
Meet Jeeja Ghosh	Ritika Sahni	Self Advocate – Cerebral Palsy	Sudip Dutta
Aboard a Local Train	Ritika Sahni	Highlighting capabilities	Sudip Dutta
Ravi defeats disability	Ritika Sahni	As Success Story	Sudip Dutta
Defining Sign Language	Ritika Sahni	Child of Adult Deaf (CODA) defining sign language	Monica Punjabi
Proud to be Deaf	Ritika Sahni	Deaf Identity	Sunil and Sweta Sahasrabudhhe and Shiwani Uppal
Zameer talks about deaf blindness	Ritika Sahni	Demystifying deaf blind-	Sachin Rizale
Sayomdeb Mukherjee	Ritika Sahni	ness Journey from being non-verbal for 24 years to being a popular Radio Jockey	Joydeep Bannerjee, Ryan, Sayomdeb Mukherjee of Friends Fm, Kolkata
Keen and Able	Soumendra Padhi	Showcasing meta foot spa	Joanita Fernandez and her team at Metta
Triumph Together	Supratik Roy	Inclusive visual art workshop	Debjit Biswas, Khoj kolkata, Gallery Rasa, Radhika Sahni
Glimpses from the sign language workshop.	Ritika Sahni	Sign Language workshop in a School	Monica Punjabi and Sibaji Panda



Singer-activist Rituja Sahani directs Angshu Jajodia for the one-minute documentary her organisation is making on him. Picture by Pulkit Das

## Special boy on social mission

### CHANDRIYEE CHATTERJEE

Angshu Jajodia is not to change the way people perceive those with disabilities so that social barriers can be removed and the special people integrated in the mainstream.

Having topped his school in the Higher Secondary examination this year, the 13-year-old from Durgam is doing his graduation in social work from Viwa-Bharati.

For the lanky, bespectacled boy, diagnosed with severe hearing impairment at the age of three-and-a-half years, the journey has not been easy.

"In a classroom, not everyone is helpful but one must have the determination to persist. My journey has been difficult but enjoyable," says Angshu.

For the teenager, disability need not be a handicap. He has not allowed himself of disability consciousness, be it reservation in colleges or on a train.

Angshu started the battle early. In Class II, the students in his school had to choose a second language. A central government directive exempts those with hearing impairment from studying more than one language, but the boy studied both English and Bengali. He now speaks both fluently.

"It is quite a feat for a 13-year-old to speak more than one language. But he is on his way to picking up Hindi, too,"

says Rituja Sahani, street activist and secretary of Tri-namant, a Calcutta-based trust that is making a one-minute film on Angshu.

He topped the entrance examination to the Viwa-Bharati course and cleared the Presidency College test as well. "I appeared in the Presidency entrance to prove to myself that I could do it. But I always wanted to study social work," says Angshu, who plans to specialise in psychology.

He has travelled to different parts of the country with his father's organisation, Sehas (Speech and Hearing Action Society), working to dispel the myth that deafness and madness go together.

"When we met the President in 2000, even he wondered if my mother would help me converse through sign language. He was pleasantly surprised to see that all of us present could speak," says Angshu.

Most people, he feels, are not aware that interaction at the right age goes a long way towards solving the speech problem of a person with hearing impairment.

The boy, who has fought his battles with the help of his parents, is determined to chart his own course. "I will work independently after I complete my master's. I don't want people to say that Sehas was set up so that I could have a job," asserts Angshu.



### INDRANIL GOSWAMI SHOOTING WITH FARHAN FOR "I AM SPECIAL, SO ARE YOU" FILM

We sincerely thank all our friends who contributed toward the making of the film I AM SEPCIAL, SO ARE YOU especially Mona Shetty for use of her studios supported ably by her staff and friends Piloo, Ashish, Nilanjana, Mowgli, Asif for lending their voices





**GROUP PHOTO OF OUR TEAM FOR THE "COUNT ME IN" FILM SHOOT**



**FILM MAKER FRIEND SUDIP DUTT SHOOTING FOR THE "FROM DARKNESS TO LIGHT" FILM ON THE SPARSH FOOT SPA**

## **RADIO SHOW - "MUD MUD KE NA DEKH" (MMKND)**

**MUD MUD KE NA DEKH** is our 15 min Weekly Radio Show in Hindi pertaining to NEWS AND VIEWS of Cross Disability (all kinds of disabilities) issues. The aim is to advocate the rights of people with disabilities and to inspire, motivate and allow attitudinal changes to come about both in the mindsets of disabled and non disabled population of our country.

The show through interviewing organizations, institutes and individuals with and without disabilities, working in the disability sector, aims at building bridges between people with and without disabilities, entertaining and breaking down the prevalent mental and physical barriers, exposing the unique gifts and talents of people with disabilities, thereby heightening the self-esteem of persons with disability while making them aware of their Rights.

**Through MMKND we are able to:**

- **Provide role models to persons with disabilities.**
- **Bring about changes in the attitudes and mindsets of non disabled persons which would hopefully lead to a greater inclusion of persons with disabilities in the mainstream of living and allow them to be true contributing citizens of the nation.**
- **Urge people to commit to bringing about this change.**
- **Promote awareness, educate and inspire.**

MMKND was first aired as a half hour program on **Community Radio Station 107.8 RADIO MUST (Mumbai University Students Transmission)** in 2009 and we thank Pankaj Athawale for agreeing to give us the slot for the same.



**KETNA MEHTA, KANCHAN PAMNANI AND PANKAJ ATHAWALE WITH RITIKA SAHNI IN THE RADIO MUST STUDIO, MUMBAI**



**DR ASMITA HUDDAR, HONORARY CONSULTANT ON OUR RADIO SHOW, WAS OUR FIRST GUEST**

The second edition of Mud Mud Ke Na Dekh was broadcast on All India Radio 107.1 FM Rainbow Mumbai, every Friday from 1.15 pm to 1.30 pm starting 12th of November 2010, on till the 3rd of June 2011. **L&T Mutual Fund** sponsored 29 episodes. We thank **Union Parks Resident Association** for the use of the Jago Mumbai community Radio Station Studio for recording our episodes. A special thanks to Nitin Maskare, Bharati Kakkad and Surekha Motwani.

The third season of MMKND comprising of 39 episodes was aired on AIR 107.1 FM Rainbow, Mumbai and Vividh Bharti Delhi every Wednesday and was sponsored by **Bharat Petroleum Company Limited ( BPCL)**

We regularly provide all our episodes to interested Community Radio Stations in the country and few who have successfully aired them according to their schedule are the following:

Community Radio Station	Frequency	City
Radio Active	CR 90.4 MHz	Bangalore
Radio Noida	107.4 FM	Noida
JIMS Community Radio	96.9	Delhi
Community Radio HAMARA MSPICM	90.4 FM	Solan (H.P)
IIT Community Radio	90.4 Mhz	Kanpur
Jago	90.8	Mumbai

**WE ARE CURRENTLY UPLOADING OUR EPISODES ON WWW.EDAA.IN (EK DUNIYA EK AWAAZ, THE WEBSITE OF COMMUNITY RADIO STATIONS) AND ON SOUNDCLOUD.COM**



**DR RUBINA LAL BEING INTERVIEWED BY RITIKA SAHNI AND SUHAS KARNIK BY ITESHRE DATE WITH PRASAD AS THE RECORDIST AT JAGO MUMBAI STUDIOS, MUMBAI**



## **MUD MUD KE NA DEKH 2010 - 11**

**No of Episodes:** 29

**Sponsored by:** L&T Mutual Fund

**Aired on:** All India Radio, 107.1 FM RAINBOW, Mumbai

<b>Guest Featured</b>	<b>Designation</b>	<b>Organization</b>	<b>Topic</b>
Dr Asmita Huddar Part 1	Principal	Hashu Advani College of Special Education Mumbai	Advocacy and Definitions of key Disability terms
Dr Asmita Huddar Part 2	Principal	Hashu Advani College of Special Education Mumbai	Why a show on disability
Dr Asmita Huddar Part 3	Principal	Hashu Advani College of Special Education Mumbai	Schooling options for students with hearing impairment
Shri Amole Gupte Part 1	Creative Director, Film Maker & Writer		Experiences of working with children belonging to low economic group
Shri Amole Gupte Part 2	Creative Director, Film Maker & Writer		Opinions on the Educational System of the country
Alka Joshi Part 1	Head of the Psychology Dept	Ali Yavar Jung National Institute for the Hearing Handicapped, Mumbai	Psychological effects of disability on children, caregivers and professionals
Alka Joshi Part 2	Head of the Psychology Dept	Ali Yavar Jung National Institute for the Hearing Handicapped, Mumbai	Spoke about the psychological effects disability has on children, caregivers and professionals.
Shri Charudutta Jhadav	Works for TCs Mumbai, Activist	Promotes Chess for blind persons	Progress made in the field and forthcoming chess events for blind in the country
Dr Rubina Lal Part 1	Lecturer & Expert	Lecturer at SNDT University and expert in the field of AAC and Autism	About Learning Disability, Types, Causes
Dr Rubina Lal Part 2	Lecturer & Expert	SNDT University AAC and Autism	ADHD, Assessment and Inclusion
Dr Rubina Lal Part 3	Lecturer & Expert	SNDT University AAC and Autism	Diagnosis, Medication, Government provisions
Dr Rubina Lal Part 4	Lecturer & Expert	SNDT University AAC and Autism	Non verbal, Higher education for children with LD
Ms Apoorva Panshikar 1	Asst Prof	SNDT University	Learning Disability
Ms Apoorva Panshikar 2	Asst Prof	SNDT University	
Dr Sujata Bhan Part 1	Associate Prof	SNDT University	Training teachers for children with special needs and
Dr Sujata Bhan Part 2	Associate Prof	SNDT University	Low vision and Visual Impairment as disabilities

<b>Guest Featured</b>	<b>Designation</b>	<b>Organization</b>	<b>Topic</b>
Ritika Sahni Part 1	Founder – Trustee, Special Educator and Communication Therapist	Trinayani	Advocacy and Deafness
Ritika Sahni Part 2	Founder – Trustee	Trinayani	Advocacy and Deafness
Ritika Sahni Part 3	Founder – Trustee	Trinayani	Advocacy and Deafness
Ms Priti Rohra	Head of Accessibility Testing Department	BarrierBreak Technologies, Mumbai	Spoke about the various technological and assistive devices available for persons with different disabilities
Ritika Sahni	Founder – Trustee		Advocacy and Deafness
Ms Vandana Hariname	Audiologist, Speech & Language Pathologist	Trinayani	Experiences in the field of speech & language for hearing impaired children
Dr Asmita Huddar	Principal	Hashu Advani College of Special Education Mumbai	Informed about the schooling options for students with hearing impairment.
Mrs Monica Punjabi Verma	Sign Language Interpreter, Trainer & President	Indian Sign Language Interpreters Association,	Spoke about her experiences of Being a CODA (Child of Deaf Adults)
Shri Sunil & Shweta Sahasrbudhe	Director Part time Accounts Executive	Indore Ishara Foundation	Views on Deaf Culture, Deaf Identity and pride in their usage of Indian Sign Language
Dr Anjali Deshpande	Pediatric Physiotherapist	Associated with Indian	Information on the various conditions that give rise to locomotor disorders in children
Dr Dhruv Mehta	Honorary Physiotherapist and neurologist, Committee Member	Academy of Cerebral Palsy Mumbai, Nina Foundation, Mumbai, Indian Academy of Cerebral Palsy	Shared poems and views on the accommodations to be made to include children with locomotor difficulties in regular classrooms
Ms Gayatri Ahuja	Coordinator cum Lecturer	Helen Keller Institute for Deaf and DeafBlind Mumbai	Explained the legal structure in our country, the educational Legislations provided by our constitutions to ensure the rights of persons with disabilities
Ms Varsha Bhagat	Director	‘E.T.C’ Education and Training Centre for Children With Different Abilities, Navi Mumbai Municipal Corporation	Experiences of working with persons with disabilities and about winning the Prime Ministers Award for excellence in Public administration

## **MUD MUD KE NA DEKH: 2011 - 12**

**No of Episodes:** 37

**Sponsored by:** Bharat Petroleum Company Limited

**Aired on:** All India Radio, 107.1 FM RAINBOW, Mumbai and VIVIDH BHARTI, DELHI.

<b>Guest Featured</b>	<b>Designation</b>	<b>Organization</b>	<b>City</b>	<b>Topic</b>
Ritika Sahni	Founder- Trustee, Special Education and Disability Activist	Trinayani	Mumbai	Need for Disability Awareness
Sunita Sancheti - Part 1	Disability Activist	NINA Foundation VM R C D	Mumbai	Living with SpinaBifida
Sunita Sancheti - Part 2	Disability Activist	NINA Foundation VM R C D	Mumbai	Information on the "Incredible India Beyond Barriers"
George Abraham	C E O	Score Foundation	Delhi	Advocacy work undertaken by EYEWAY
Madhu Singhal	Managing Trustee & Founder	MitraJyothi	Bangalore	Information about the activities of MithraJyoti
Prasad Phanasgaonkar	Proprietor	Samartha Travels	Mumbai	Shares his views of living with Muscular Dystrophy and his modified vehicle
Deependra Manocha	Coordinator, Head of Training & Text Support	DAISY Consortium	New Delhi	Demystifies the world of persons with visual impairment and talks about the 'White Game Project'
Sayomdeb Mukherjee	Radio Jockey	Friends FM	Kolkata	His journey from being a non verbal person for 25 years of his life to being a popular radio jockey
Shanti Raghavan - Part 1	Founder	EnAble India	Bangalore	The work her organization is doing to facilitate training and employment of persons with disabilities in the corporate sector



<b>Guest Featured</b>	<b>Designation</b>	<b>Organization</b>	<b>City</b>	<b>Topic</b>
Shanti Raghavan - Part 2	Founder	EnAble India	Bangalore	Examples of successful employment
Ritika Sahni - Part 1	Founder-Trustee	Trinayani	Mumbai	Need for creating awareness about the competencies and abilities of PWDS
Ritika Sahni - Part 2	Founder-Trustee	Trinayani	Mumbai	Models of Disability, journey from medical model to human rights model
Prasanna Kumar Pincha	Chief Commissioner, Persons with Disability, Government of India	Government of India	New Delhi	The work his office has undertaken and his views on the various concepts pertaining to disability
Shivani Gupta	Director	Access Ability	New Delhi	Spoke about Access Audits and the concept of Inclusive environments, Himalaya on wheels..
Monica Punjabi	Director & President	Mook Badhir Sangathan. Indian SignLanguage Interpreter Association	Indore	Experiences of growing up as a Hearing Child of Deaf parents and being a Sign Language User
Amole Gupte	Screen Writer, Actor & Director		Mumbai	Comments on Right to Education and its reach to the marginalized community.
Dr Mathew Martin	ESA (Mass Media) Course Coordinator PGDMDC	Ali Yavar Jung National Institute for the Hearing Handicapped	Mumbai	Information on the Disability and Media Course started by the Institute
Dr Lata Nayak	Principal	Rotary Sanskardham Academy Junior College for the Deaf	Mumbai	Shared her 25 years journey in the field of Deaf Education
Dr Asmita Huddar Part 1	Principal	Hashu Advani College of Special Education	Mumbai	Speaks about Regular School Readiness of deaf students

<b>Guest Featured</b>	<b>Designation</b>	<b>Organization</b>	<b>City</b>	<b>Topic</b>
Dr Asmita Huddar Part 2	Principal	Hashu Advani College of Special Education	Mumbai	Changes requires in Teachers Training to make Inclusive Education a reality
Jalpa Parag Shah - Part 1	Private Practitioner	Provides Remedial Therapy for Children with varied learning Disabilities	Mumbai	What is learning disability, types, causes
Jalpa Parag Shah - Part 2	Private Practitioner	Provides Remedial Therapy for Children with varied learning Disabilities	Mumbai	Busting Myths
Alka Joshi	Head Dept of Psychology	Ali Yavar Jung National Institute for the Hearing Handicapped	Mumbai	Psychological effects disability has on children, caregivers and professionals
Ritika Sahni	Founder-Trustee	Trinayani	Mumbai	Shares passages from Disability Awareness booklets and poems written by friends
Dr Taral Nagda	Pediatric Orthopedic Surgeon	Saifee Hospital	Mumbai	Information on therapies and about celebrating Cerebral Palsy Day
Anjlee Agarwal	Executive Director and Access Consultant	Samarthyam	New Delhi	Shares her experiences of travelling in the country as a wheelchair user and the work her organization is involved with in creating an accessible India
Dr Avinash De Sousa	Consultant Pschyiatriist and Psychotherapist	De Sousa Foundation	Mumbai	Shares case studies and gives important tips on how to react to sexual behavior of PWDS
Malay Desai	Journalist & Founder	Social Media, Punchline Creative Solutions	Mumbai	Shares his experiences of interviewing PWDs for the THIS ABILITY article series

<b>Guest Featured</b>	<b>Designation</b>	<b>Organization</b>	<b>City</b>	<b>Topic</b>
Kanchan Pamnani	Accomplished Solicitor / Disability Activist	Specializing in Civil and Corporate matters	Mumbai	Explains the laws effecting lives of PWDs
Shilpi Kapoor	Managing Director and Founder	BarrierBreak Technologies	Mumbai	Talks about technologies available for PWDs and about AAC devices and SignTalk.org
Smt Sangeeta Gole	School Assessor & Trainer for QCI-NABET & Consultant	Integrated Education Team Solutions	Mumbai	Talks about measuring and facilitating Competency of schools to provide Quality Education
Dr Shyamala Dalvi	Head- Academic Department	Academy for Global Education Services P Ltd	Mumbai	Informs about her organization
Dr Urvashi Shah	Neuro psychologist	Indian Epilepsy Association Mumbai Chapter, Joint Secretary at KEM Hospital	Mumbai	Information on various issues of Epilepsy
Sudha Tambe	Low Vision Rehabilitation Specialist	Lotus Eye Hospital	Mumbai	On Low Vision, Causes, Rehabilitation and Devices
Abhishek Ray	Founding Member, Architect	DRDF Disability Research & Design Foundation	Mumbai	Talks about Universal Design and the need to create inclusive and user friendly environments
Sharmila Devatia	Visiting Faculty	Ali Yavar Jung National Institute for the Hearing Handicapped & AVP - Quality for Aegis Ltd an Essar Enterprise	Mumbai	Shares her journey and her experiences of working in an inclusive set up
Ritika Sahni	Founder-Trustee	Trinayani, Closing episode	Mumbai	Excerpts from 4 previous episodes on George, Shilpi, Anjali, Sharmila



## INFORMATION ON OUR MMKND WAS SENT AS E-MAILERS TO ALL



**Trinayani** hopes to reach out accurate information on various issues of disabilities and introduce important professionals both disabled and non disabled and their work through our weekly 25 minutes radio show **MUD MUD KE NA DEKH** supported by **BPCL**.

Go, Tune in every Wednesday on All India Radio 107.1 FM Rainbow, Mumbai at 11.30 a.m. and at 2.30 p.m. on 119.3 M or 1168 KHZ Vividh Bharti, Delhi.

This week on the 25<sup>th</sup> of April listen to the interesting observations of self advocate **Mr Doendra Manocha** on responsibilities, expectations and accountabilities and parental attitudes of persons with vision disabilities. Mr Manocha is working as the Developing countries coordinator and Lead of Training and Tech Support with the DAISY Consortium, is member of the Executive Committee of the World Blind Union. He is the elected president of the DAISY Forum of India. Also learn about the White Cane Project.



Connect with us with stories, news and information you want to reach out through our show.

**trinaayani**  
Creating Awareness about Disability

**Ritika Sahni**  
Founder trustee  
Mobile: 09769357190  
trinayani.contact@gmail.com  
<http://www.trinayani.org>

**trinaayani**  
Creating Awareness about Disability

### MUD MUD KE NA DEKH



Paralympics (second largest sports event for persons with disabilities in the world) start on the 29th of August. Learn more about the 10 disabled sportspersons representing India and a little about the history of Paralympics on MUD MUD KE NA on the **29th of August**

**All India Radio 107.1 FM Rainbow Mumbai at 11.30 am**  
**Vividh Bharti Delhi at 2.30 pm.**

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## WRITER-DIRECTOR SHRI AMOLE GUPTA ENDORSING OUR AWARENESS BOOKLET LOOK AT ME



**RITIKA SAHNI INTERVIEWING MR PRASANNA KUMAR PINCHA, CHIEF COMMISSIONER, PERSONS WITH DISABILITIES, GOVERNMENT OF INDIA, IN HIS OFFICE IN NEW DELHI**



**ARVIND PRABHOO BEING INTERVIEWED IN RADIO MUST STUDIOS AT SNDT UNIVERSITY FOR MMKND BY NEENU KEWLANI AND RITIKA SAHNI**



**PRASAD PHANASGAONKAR, WHEELCHAIR USER AND FOUNDER SAMARTHA TRAVELS BEING INTERVIEWED FOR MMKND BY RITIKA SAHNI**

## **"COUNT ME IN" DISABILITY AWARENESS CAMPAIGN FOR CENSUS 2011**

Census as an instrument is the basis for reviewing a country's progress in the past decade and monitoring the ongoing schemes of a government and most importantly, to plan for the future.

India boasts of being one of the few countries that conducts Census religiously every ten years. The irony is that despite this complex machinery in place, we do not have authentic statistics on the population of people with disabilities in our country. It was after a long struggle that the disability community was able to convince the Census Commissioner to include disability in the Census of 2001, a major victory for all in the disability sector. It took many rallies, dharnas, sit ins to convince the government about something so simple and logical as this. But, being a last-minute addition and on account of the ignorance on the issue, among enumerators and respondents, the figures of 21 million derived were not convincing.

Census 2011, a "once in a decade" national exercise provided us yet another opportunity to finally set the record straight and get the numbers right, as it was a fact, that in the absence of correct statistics, people with disabilities would never get counted.

We at Trinayani strived to create awareness of the importance of this once in a decade event among persons with and without disabilities by designing the COUNT ME IN Advocacy Campaign. We tried to impress upon the sense of Corporate and Individual Social Responsibility to ensure that in Census 2011 every individual gets counted.

**We are indebted to our friend, Mr Sourav Mishra of Bates Advertising, Kolkata who helped design "The Count me in" Poster and Radio spot.**

## **WE ALSO SHARED OUR CAMPAIGN WITH THE NATIONAL TRUST NEW DELHI, FOR ITS DISSEMINATION THROUGH THE MINISTRY OF SOCIAL JUSTICE AND EMPOWERMENT AND THE REGISTRAR CENSUS GENERALS OFFICE**

## **HOARDINGS WERE PUT UP ACROSS THE COUNTRY SUPPORTED BY LAQSHYA MEDIA, SELVEL AND TIMES GROUP:**

In Mumbai	3	Provided by Laqshya Meida
In Bangalore	1	
In Hyderabad	1	
In KolkataSonal	6	Provided by SELVEL
In Guwahati	1	
In Siliguri	2	
In Asansol	1	
In Burdhaman	1	
In Malda	1	
In Haldia	1	
In Patna	2	
In Bhubaneshwar	1	
In Delhi	3	TIMES NOW



## HOARDINGS



**MUMBAI**



**NEW DELHI**



**MR INDRANIL GOSWAMI AND HIS EXCELLENT TEAM SUPPORTED US IN PRODUCING THE 30 SECOND "COUNT ME IN" PUBLIC SERVICE ANNOUNCEMENT WHICH WE DUBBED IN HINDI, MARATHI, ENGLISH AND BENGALI**

English: <http://www.youtube.com/watch?v=8EEAnWvHzGw>

Hindi: <http://www.youtube.com/watch?v=STBzyMS-DIq>

Marathi: <http://www.youtube.com/watch?v=dPhQv-yWdyg>

Bengali: [http://www.youtube.com/watch?v=\\_hbvj7-vCZU](http://www.youtube.com/watch?v=_hbvj7-vCZU)

**WE THANK MS ITESHREE DATE FOR HER SUPPORT IN CONTACTING RIYA, OUR LEAD ACTOR WHO HAS DOWN SYNDROME AND ENCOURAGING HER SON HRISHIKESH AND HIS FRIENDS TO BE PART OF OUR SHOOT**

**THE "COUNT ME IN" FILMS WERE SCREENED BY:**

TV Channel	Details of the Activity supported	Location
TIMES NOW, MOVIES NOW	30 second film as Public Service Announcement	National
CNBC TV 18	30 second film as Public Service Announcement	National
24 Ghanta	30 second film In Bengali	Kolkatta
R Plus		
Tara News		
Akash Bangla,		
Kolkata TV		
Star Mazha	30 second film in Marathi	Mumbai
Saam TV		
TV 9		
INOX MOVIES	the J2K file of the poster created were screened in their digital screens	Hyderabad, Bangalore, Kolkata, Mumbai and Pune
BHARAT PETROLEUM CORPORATION LTD	30 seconds film were screened on 21 screens	Screens in Petrol Pumps in New Delhi

**OOH MEDIA** supported us by screening our short films on all their media nationally in malls and housing societies.

**RADIO MIRCHI** supported us by translating, recording and airing the **'Count me In" Radio Spot** in 32 stations across the country in seven languages namely Hindi, Gujarati, Marathi, Bengali, Telugu, Malayalam and Tamil.

The same radio spots were also provided to Community Radio Stations across the country with the help and guidance of Community Radio Forum based out of Delhi.

<b>Radio Mirchi</b>	Radio spots were aired in two phases	all their radio stations in the country
<b>Community Radio Forum Delhi</b>	radio spots shared with 103 community radios	103 community radios in the country

**EVENT COMPANY 360 DEGREES PRINTED AND PASTED 200 COUNT ME IN POSTERS ALL AROUND MUMBAI:**

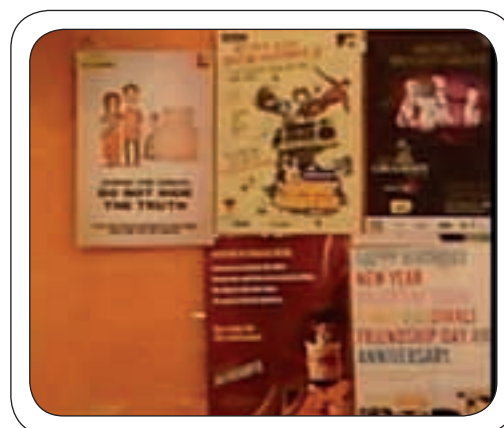
<b>PLACE</b>	<b>Number</b>
Banks	20
Book Stores like Crosswords	15
Coffee Chains like Barista	11
Corporate Companies Alchem Laboratories	17
Movie Theatres	7
Music Stores	11
Play Theatres	3
Retail Hotel Chains	3



**POSTER AT ALKEM LABORATORIES OFFICE**



**CANARA BANK**



**BARISTA**





**POSTER AT ARCHIES GALLERY**

**TRINAYANI ALSO PARTICIPATED IN THE CENSUS TRAINERS MEET AT DOMBIVALI MUMBAI ON 7TH DEC 2010 ALONG WITH SUHAS KARNIK FROM NAB, SUJIT SAHASRABUDHDHE, SIGN LANGUAGE USER FROM AYJNIHH AND OTHERS**



**ARVIND PRABHU ADDRESSING THE AUDIENCE AT THE CENSUS TRAINERS MEET, MUMBAI**



## **EMPLOYMENT OF PWDS**

### **1. Sparsh Foot Spa**

To "Walk the Talk", as an **Extension of Our Mission**, Trinayani launched **THE SPARSH FOOT SPA** in 2011 **Employing 5 trained Blind Massage therapists** (4 women and 1 man) in the premises of Mantri Park, Goregaon East, Mumbai courtesy Sunil Mantri Realty Group. In May 2012 we shifted the Sparsh Foot Spa within our own current office premises at Kandivali West, Mumbai.

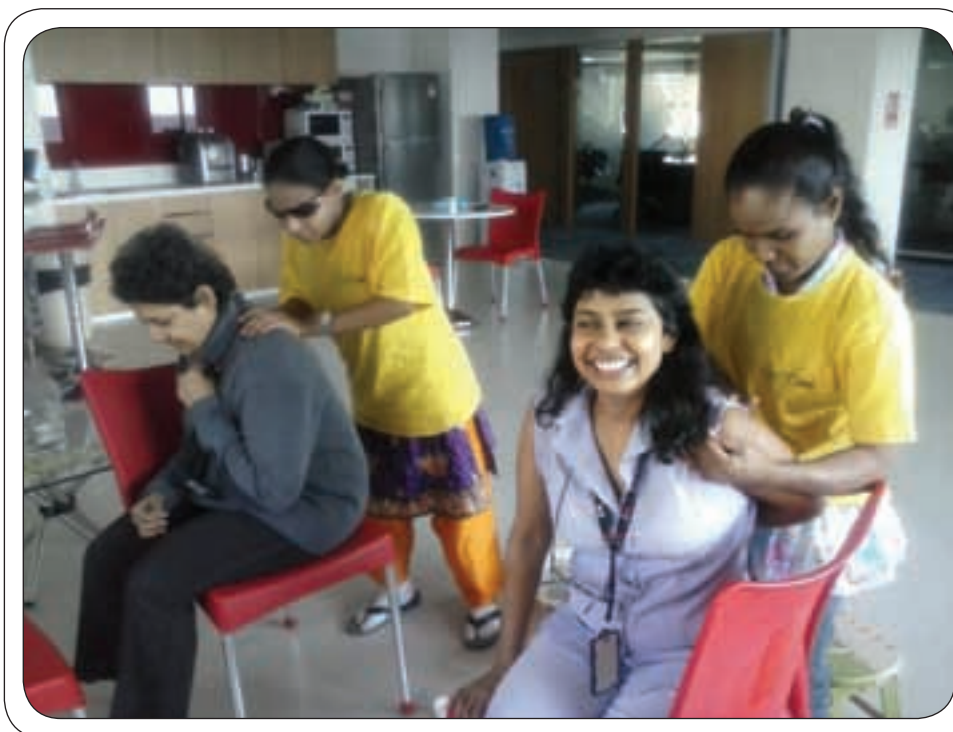


**MR AND MRS SUNIL MANTRI AND FRIENDS AT THE INAUGURATION OF  
THE SPARSH FOOT SPA AT MANTRI PARK**

For hundreds of years, blind people have been trained to massage, making use of their "**seeing hands**" which may be more capable than those of sighted people. In a region where state financial support for people with disabilities is very rare, **massage gives blind people a highly valued and specialized role in society**, and provides them with the means to make a living.

At THE SPARSH FOOT SPA, we Train & Organize Sustenance for Blind Persons as Reflexology therapists, who are also available on call for regular visits at Offices, Gyms, Restaurants, NGOs ,Cultural Events, Social Parties and Regular Salons & Malls in Mumbai. **In mumbai our team of therapists regularly visit 212 Bar and Grill at Worli, Mint Salon at Powai, Oberoi Mall at Goegaon East, Keys Hotel at Santacruz and have been part of events for Standard Chartered Bank, Loop Mobile, Ad Agency Mudra, birthday parties and kitty parties.**





**OUR THERAPISTS AT AUSTRALIAN BANK ON OCCASION OF WOMEN DAYS CELEBRATION**



**OUR THERAPISTS REJUVENATING CLIENTS AT OBEROI MALL**



## OUR THERAPISTS AT A NGO MELA IN MUMBAI



### OUR THERAPISTS AT MUDRA AD AGENCY



### **OUR THERAPISTS AT THE LOOP MOBILE OFFICE, MUMBAI**



Interestingly, we have been able to use this initiative as an **Effective Advocacy Tool for Creating Awareness regarding the Abilities of Persons with Visual Impairment**, as well as **Creating an Opportunity for A Dignified Livelihood** for them.

The taste of a Financially Satisfying Career, which our trained blind therapists have already started to enjoy, have restored their Dignity, Self Confidence and have turned their ' touch' into a kind of "Golden touch of the King Midas".

**"Seeing is believing"** and as a trust working on creating awareness on disabilities we hope that this initiative will help alter perceptions and attitudes towards people with visual impairment.

We thank Shobha Sachdev, Rachna Raj Sethi, Mrs Sarita Mantri, Gurpreet of ITC, Joanita Fernandes of Metta, Pallavi Kadam of NAB Mumbai for their continuous support in the venture.



**WE REGULARLY SEND OUR THERAPISTS FOR REFRESHERS COURSE. OUR THERAPISTS AT ITC MARATHA BEING TRAINED IN SWEDISH MASSAGE THERAPY BY PUII**

**OUR THERAPISTS AT A MELA ORGANIZED BY CHILDRAISE, AN NGO**





# Sparsh Foot Spa

for your entire family

Gulmojar C.H.S., 67/666 M.H.B Colony, Opp. Parijat Society  
90 Feet Road, Mahavir Nagar, Kandivali West, Mumbai-400067

experience the caring touch of our  
**trained BLIND therapists**

*Our Services Include*

**Foot Reflexology**

**Neck, Shoulder and  
Back Reflexology**

**Full Body Massage  
(Oil, Swedish and Thai)**



Please Call **65340887** or **9769357390**  
for appointments at The Spa or for Home Visits

An initiative of

**trinayani**  
www.trinayani.org  
Creating Awareness about Disability

## 2. Open Employment:

We are in constant touch with NGOs and corporate houses across the country trying to facilitate employment for persons with disabilities. At our end we have been successful in securing employment for Intellectually Impaired candidates and Deaf Adults sourced from NASEOH, represented by Vikrant, at Sai Service Auto Station at their Borivali, Lower Parel and Andheri Centers in Mumbai. Some were inducted as Washers and Cleaners, one in the Housekeeping Department and one in their Accounts Department. All the trainees were screened at Naseoh by Trinayani consultants and shortlisted for the job after which Disability sensitization workshops were conducted at the three centers for Sai Service staff. Follow up was done for the first two months to ensure job retention. Thereafter both the employers and employees were requested to stay in touch with us.



**CANDIDATES WE HAD SHORTLISTED FOR LOOP MOBILE INTERVIEWS IN MUMBAI**



**PWDS EMPLOYED AT SAI SERVICE AUTO STATION ANDHERI, MUMBAI**



**PWDS EMPLOYED AT SAI  
SERVICE AUTOSTATION  
LOWER PAREL, MUMBAI**

**HEARING IMPAIRED CANDIDATE  
NEELAM HAS BEEN ABSORBED IN THE  
HOUSEKEEPING DEPARTMENT OF  
SAI SERVICE LOWER PAREL CENTER**



## Cause to Croon!

Kolkata singer Witha Saha gives Lucknow a taste of her just-released album 'Narmad' and talks about her work to recruit people about children with special needs

(NAINI TAAL)

**I**t had to be a special occasion, on Saturday, the occasion of the release of her new album 'Narmad'. Witha Saha, a Kolkata singer, was in Lucknow for a special occasion. She was here to promote her new album and to talk about her work to recruit people about children with special needs.

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## **"THIS-ABILITY" NEWSPAPER ARTICLES**

One of the first and most significant steps to changing negative stereotypes and attitudes toward people with disabilities begins when we rethink the way written and spoken images are used to portray people with disabilities. Thus, keeping in mind the very powerful role of the 'media', we addressed the media professionals to wield the power of the pen to influence readers to action through a series of articles.

We all have a single story of disability in our mind which is what leads to prejudices and stereotypes. A single story robs people of their dignity, makes the recognition of our equal humanity difficult and also emphasizes differences in us rather than how similar we are. We thus need to be saved from having a single story of what persons with disabilities are.

Through our **This-Ability** series of articles we try to weave many stories about persons with disabilities. These stories explore the intriguing lives of persons with disabilities, beautifully written by Malay Desai along with other guest writers.

**Twenty nine articles were published on a weekly basis in Panorama Magazine of Navhind Times, Goa, comprising of around 750 to 800 words. These articles are now being shared with E magazines, Blogs and Websites such as BetterIndia.com, BarrierBreak.com, Chat with Lakshmi, One India, One People and in Young Metro, a supplementary of The Telegraph, Kolkata. We continue to provide our articles to all interested persons and are working towards printing a booklet of a few of the selected articles.**

### **ALL THESE ARTICLES ARE UPLOADED ON OUR WEBSITE AND FACEBOOK PAGE**

#### **LIST OF "THIS-ABILITY" ARTICLES:**

<b>Guest Featured</b>	<b>From</b>	<b>Title</b>	<b>Written By</b>	<b>Date Of Publication</b>
Jeeja Ghosh	Kolkata	Leaving 'from' a Jet Plane	Malay Desai	15th Apr 2012
Nilesh Singit	Mumbai	Advocating A Bold Attitude	Malay Desai	22nd Apr 2012
Sunil Sahasrabudhhe	Mumbai	Language that leaves you Speechless	Malay Desai	29th Apr 2012
Charudatta Jadhav	Mumbai	The Blind Superhero of Indian Chess	Malay Desai	6th May 2012
Avelino de Sa	Goa	Supporting Others Step out of the Shadow	Sheela Jaywant	13th May 2012
Den Sayomdeb Mukherji	Kolkata	Call him RJ Wordsworth	James Roy	20th May 2012
Kanchan Pamnani	Mumbai	Law and behold, a blind lawyer	Henna Achhpal	27th May 2012
Deepa Sachdev	Mumbai	Super Facial, not Superficial	Malay Desai	3rd June 2012
Divya Arora	Mumbai	Avatars of a different kind	Malay Desai	10th June 2012
Pradip Sinha	Mumbai	Ready to touch a new high	Malay Desai	17th June 2012
Rahul Cherian	Chennai	Interpreter of Maladies	Malay Desai	24th June 2012
A General Article	Mumbai	Lessons from This Ability	Malay Desai	1st July 2012
Lata ,Sachin & Bhagyashree of Trinayani Sparsh Foot Spa	Mumbai	World at your feet	Malay Desai	8th July 2012

<b>Guest Featured</b>	<b>From</b>	<b>Title</b>	<b>Written By</b>	<b>Date Of Publication</b>
Sohail Lakhani	Mumbai	Hatching a 70mm dream	Malay Desai	15th July 2012
INTOUCHABLES film review with- Neenu Kewlani, Arvind Prabhoo & Ketna Mehta	Mumbai	The Significant Others	Malay Desai	22nd July 2012
Neenu Kewlani, Arvind Prabhoo & Sunita Sancheti	Mumbai	A Sterling Barrier	Malay Desai	29th July 2012
Divyanshu Ganatra	Pune	Up for a Shrink Today	James Roy	5th Aug 2012
Ramakrishnan - Foot Painter	Mumbai	That Sure Footed Painter of Mumbai	Malay Desai	12th Aug 2012
Rubyna Haroon	Goa	Taking on a Deeper Hue	Malay Desai	19th Aug 2012
Dhruv Lakhra - Mirakle Couriers	Mumbai	Success in small packages	Malay Desai	26th Aug 2012
Dr Sam Taraporevala XRCVC	Mumbai	Uncle Sam's Battles & Wars	Malay Desai	2nd Sep 2012
Paralympics	Mumbai	Games Para-Excellence	James Roy	16th Sep 2012
Navin Gulia	Gurgaon	Driving the point home	James Roy	30th Sep 2012
Review of the film 'BARFI' by Dr Rubina Lal, Mrs Lata Nayak, Sohail Lakhani & Sunil Saharabudhhe	Mumbai	Reel, Not Real, but Intentions Right	Malay Desai	11th Oct 2012 In The TELEGRAPH, Young Metro
On Language of Disability	Mumbai	That Awkward Moment	Malay Desai	28th Oct 2012
Javed Abidi	New Delhi	Disability is Just a Speck on The Radar Screen of The Nation	Malay Desai	18th Nov 2012
Priti Rohra	Mumbai	Tech the way up	Malay Desai	2nd Dec 2012 In the Navhind Times,
Five memorable characters in Films on Disability	Mumbai	Keen and able	Malay Desai	3rd Feb 2013
Jasmina Khanna	Mumbai	Riding the Upward Curve	Malay Desai	31st March 2013

# Interpreter of Maladies

24.6.16  
[THIS ABILITY]



There are some who crib about laws and some who help make them better. Rahul Chorian belongs to the latter. A partner in a Chennai-based law firm specialising in intellectual property rights and other laws, he is also the force behind Inclusive Planet, a centre that connects the disability sector with the government and policy makers

BY MALAY DESAI

**T**he 38-year-old is a slender, smiling man. After having originally moved to India in 2006, he underwent reconstruction surgery in 2010 and now wears a hearing aid. He is one of the experts in drafting the Rights for Visually Impaired Persons, which is currently being negotiated in Chennai, where he has been driving his hand-controlled car. We caught up with the man to know about his peculiar condition, get insights into law-makers and the past project, which is a social network for blind persons.

**What's your regular day job?**  
I don't have a regular schedule because I usually end up working till midnight and you it is very stressful managing all these diverse activities.

**How diverse are your roles at Inclusive Planet?**  
What are your existing focus areas?

The jobs are extremely diverse. At Inclusive Planet, the deliberations are within our control, whereas at Inclusive Planet, we have not any major meeting parts including the government and the disability sector. I have to be extremely alert most of the time to what I

do. Movement policy making has a longer gestation period and at times there is a flurry of activity in such areas and then there are lull periods. It can be interesting at times, but can also be extremely frustrating when the policy I have been working on becomes a reality.

**In this hyper-connected world, where does your "social network" for visually impaired persons stand? How many people is it still relevant to?**  
Inclusive Planet is a specially designed app persons with visual impairment to connect with each other in a digital environment. It's fully accessible for all who use screen readers. These links, which is a part of a social network, has been projected to impact millions of visually impaired persons from around the world.

**Tell us how your legal and policy work plays out.**

Well, I get requests from the disability sector to help conceptualise them. There are progress documents, but they are not always met with if they are not met with. A disabled person often needs to know the Centre for drafting a new action plan, and though we need assistance. We researched and wrote to them. People do not recognise that every law has some impact on persons with disabilities, whether it's related to housing, air travel, education, electronic delivery of government services, etc. I am usually up for writing and changing these laws and policies.

**Is working with the state difficult?**  
What is a common disabled person's need along with the state change?  
It's not as tough as it sounds. The machinery of some states is smoother than others. It gets requests from governments for the Ministry of Social Justice to make the state state "inclusive" by 2022. We're planning activity with them and they've already allocated resources for it.

**I've heard about politicians not being ready to be very committed.**

Yes, provided you do all the leg work. Before the Copyright Act amendment, we had our late friend Ravi ICPM member of the Rajya Sabha, who promptly arranged for the amendment and we now have an important bill passed.

**What does the Copyright Amendment Bill 2012 mean for the disabled?**

Its biggest takeaway is that non-persons with disabilities will be able to access reading material on an equal basis with others. Also, the government cannot take behind copyright restrictions to deny educational books to students with disabilities.

**A major learning for you has been to understand how to convince members of Parliament on disability-related issues.**  
The secret is to gradually demonstrate the possibility of an existing law rather than an emotional or legal argument.

**Does being a person with a disability yourself help you here?**

I do thank and say yes, it does help. I have experienced from within the sector. Otherwise you know how lawyers are looked at. They do have an edge when you meet a businessman. But then it all comes down to your approach and research.

**How has it affected you personally though?**

I don't think that using a PFDI has affected my career or my personal life.

**Would you agree that the infrastructure for the disabled in India is not better than ever before?**  
No, what are your thoughts on the government's efforts towards the sector?

It has not been much change in the physical infrastructure over the last decade. I thought the software sector would be good for having brought about awareness of disability-related issues to the government. Though I also thought the laws that exist in a very complex manner.

(This is part of a series of articles that introduce the working lives of persons with disabilities, its challenges in India, an industry that empowers them.)



**PRADIP SINHA WHO IS DEAFBLIND IS BEING INTERVIEWED BY MALAY DESAI  
IN THE PRESENCE OF HIS INTERPRETER DEVYANI HADKAR**



## **STANDARD CHARTERED MUMBAI MARATHON 2012**

**Trinayani participated for the first time in SCMM 2012** wherein friends, donors and well wishers walked with us in the 6 Km "Dream Run". Our blind therapists from the Sparsh Foot Spa also had the opportunity of giving foot reflexology massage to the runners and celebrity guests in the Procama Marquee.

Celebrated Actor Mr Raj Zutshi endorsed our cause and participated in the 6 km dream run. We raised a donation of around 1.20 k. Our heartfelt thanks to Mr Madan Chabria who so generously sponsored our T.Shirts and Kanchan Rohera for her support at the Marquee.

We thank our friends Rachna Raj Sethi, Sarita Mantri, Shobha Sachdev, Savita Valecha, Chaitali, Vinod, Angshu Jajodia, Pushpa Suryamurthy and other members of InnerWheel Club of North Island for being a part of our first SCMM Dream Run.

We thank celebrated Writer-Director Mr. Amole Gupte for his behind the scene but meaningful support.



**OUR TEAM AT SCMM**



**OUR SPARSH FOOT SPA THERAPISTS AT THE PROCAMA MARQUEE**



# **SCMM 2012 DREAM RUN PICTURES**

## **PUBLICATIONS AND PRODUCTS**

We regularly publish and distribute **Disability Awareness Booklets**, simple pictorial information booklets, to create awareness, remove misinformation and provide appropriate visibility of persons with disabilities. The aim is to communicate APPROPRIATE INFORMATION on disability issues, to alter reader's perspective on the problems and issues faced by persons with disability, to portray messages which convey the fact that Diversity is Good, Diversity is needed and Diversity adds Value to our lives, and these booklets serve this purpose.

Our first booklet in English, titled **Look at Me** was written by Mrs Rani Kaur Banerjee of Colour Me Green. Illustrations used in all the books are by Debashish Deb and LOOK AT ME formed the basis and inspiration for all further versions.

We were helped along the way by many well wishers and friends and we wish to thank them all for their belief in our way forward.

### **OUR DISABILITY AWARENESS BOOKLETS:**

- **"Look at me" in English**, by Rani Kaur Banerjee and Ritika Sahni (2006)
- **"Esho Hath Dhoru" in Bengali** by Sumit Sammaddar (2007)
- **"Sathi hath badhana" in Hindi** by Ritika Sahni (2008)
- **"Mi Sudhha Tumchya talach ek" in Marathi** by Itheshree Date (2010)
- **'Aabavu Aabhne' in Gujarati** by Dr. Urmi G. Desai (2011)

### **WE ACKNOWLEDGE THE SUPPORT OF:**

**Rotary Club of Bombay (West)** for printing the Gujarati Awareness Booklet.

**Bank of Maharashtra** for printing the Marathi Booklets.

**Global Advertisers** towards printing of the booklets in Hindi and English.

**As part of the Badhte Kadam Initiative of the National Trust, 300 copies of our awareness books in different languages were sent to their Nodal Agencies across the country. We thank the National Trust for endorsing our booklets.**





## OTHER PUBLICATIONS:

### 1. I AM SPECIAL SO ARE YOU (2011)

"I Am Special So Are You" is a poem written by Mrs Vanessa Ohri, a friend of Trinayani and it aims to inculcate sensitivity towards diversities, similarities and disabilities.

**Through our persistent efforts this poem has been included in Unit 2 of the Main Course book of CBSE's "Interact in English" - A textbook for English Course (Communicative) for Standard 10 students.**

We acknowledge the support of Mr Sudhir Khanna of Ajanta Print Arts for printing the Posters of the poem which we now distribute in all our workshops.

Our Trustee Mr Indranil Goswami created a film of the same title which was selected to be screened for the 12th edition of the 'We Care' Disability Film festival 2013, being held in various academic organizations in India.

We also created a picture book of the same, beautifully illustrated by our friend and well wisher Illustrator, Designer Mr Prashant Mukhupadhyay of JWT (J Walter Thompson) Delhi and printed with the support of Max Gen X (Max Generation Next).

Celebrated Actor Poet Mr Piyush Mishra helped us in transliteration of the poem in Hindi titling it "Hum Sab Hain Bhai Ajab Gajab, Bhinn Bhinn aur Alag Alag".

**We continue to spread the Message of Celebrating Diversity by sharing our poem with organizations, magazines and so far have shared it with the following organizations:**

National Trust, New Delhi

World Congress (Agra) Brochure

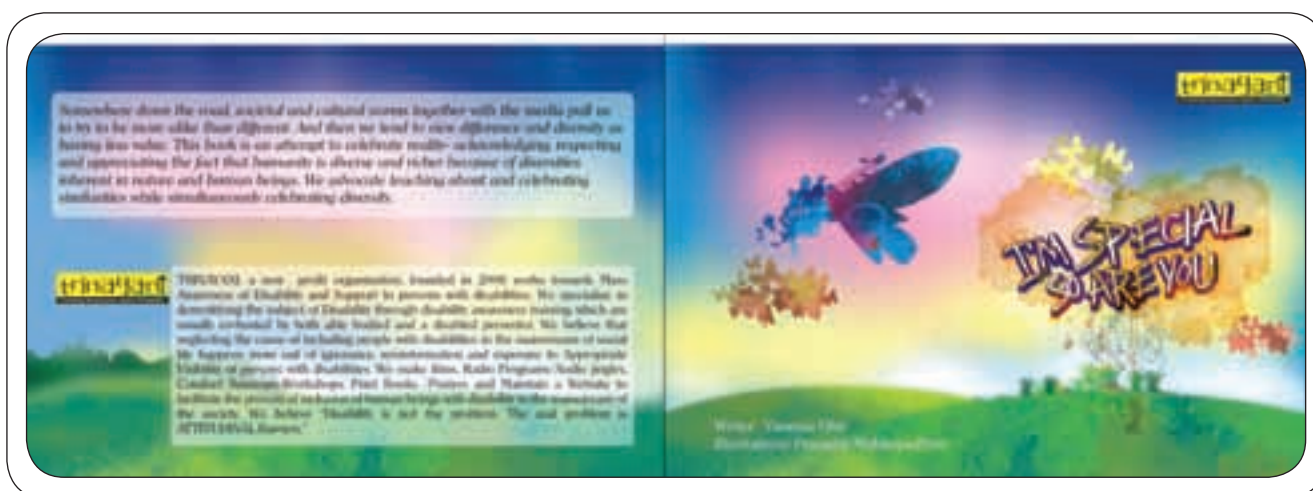
AAINA, Bhubhaneshwar

Success and Ability magazine of Ability Foundation, Chennai

Voice of Disabled magazine of Family of Disabled, New Delhi

Child Raise, Mumbai

Arushi Newsletter of Indian Academy of Cerebral Palsy, Mumbai



## 2. ME AND MY OWN SPACE (2010)



“Me and My Own Space” was an outcome of our first **TRIUMPH TOGETHER** Inclusive Visual Arts Workshop. The book was conceived and conceptualized by Mr Indranil Goswami as a much needed **“Private and Intimate Space”** for an active mind with the idea of using the prints that were created during the workshop by Zalak. M. Shah, person with hearing impairment who collaborated with Ranjit Mullick, a screen printing student with Cerebral Palsy and a professional printmaking artist Jayshree Basak. The book was designed by Miti Design Lab.

**Our heartfelt gratitude to Mr Sanjiv Kumar of Takshila Educational Society for printing 1000 copies of the book. We thank Mr Rajiv Ranjan for his support too.**

Initially The ME Journal was distributed by Variety Book Depot Delhi and now is available for individual and corporate gifting.

We thank Mrs Avnita Bir, Principal, Poddar International for endorsing 100 copies of the book that they gifted to their teachers on occasion of Teachers Day in September 2011.

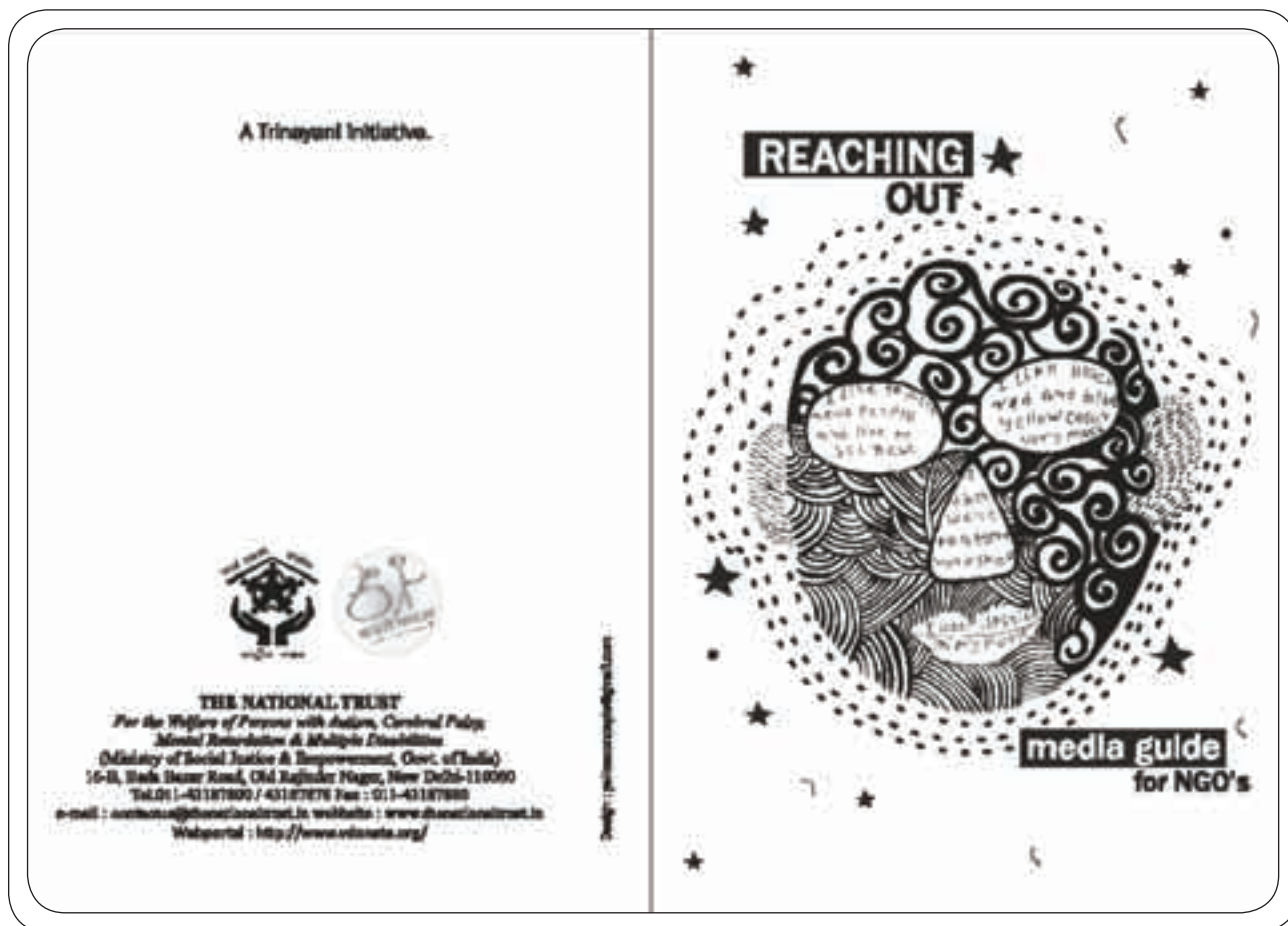
## 3. 'LETS TALK' (2012)



**Let's Talk** Sculpture was also the result of the LET'S TALK Project of our first **TRIUMPH TOGETHER** Inclusive Visual Arts Workshop. This sculpture has been created in fibreglass and it is 32" high, 22" wide and 21" broad and is exhibited in public places.

**WE ENCOURAGE GALLERY OWNERS, MALLS AND PUBLIC SPACES TO EXHIBIT THIS SCULPTURE FOR PURPOSES OF CREATING AWARENESS ON THE ARTISTIC SKILLS OF PERSONS WITH DISABILITIES.**

#### 4. REACHING OUT: MEDIA GUIDE FOR NGOS (2012)



We believe that effective, efficient and proper use of the media by NGOs working in the disability sector can help reduce fear about disability issues and increase familiarity with its issues.

The Reaching Out booklet was specifically written with the intentions of encouraging NGOs from different sector to put forward their best in convincing the media to give their cause the visibility it deserves, which, in turn would bring about a positive difference in social attitudes towards the cause.

We acknowledge the creative contributions of Shashi Baliga and Malay Desai in the making of the book. The drawings used in the book were created by Zalak. M. Shah, Ranjit Mullick and Jayashree Basak. The book is designed by Nehal of Yellow Concept Communications.

**The National Trust New Delhi supported us in printing this booklet and 2 books each were sent to 800 NGOs across the country by us in December 2012.**

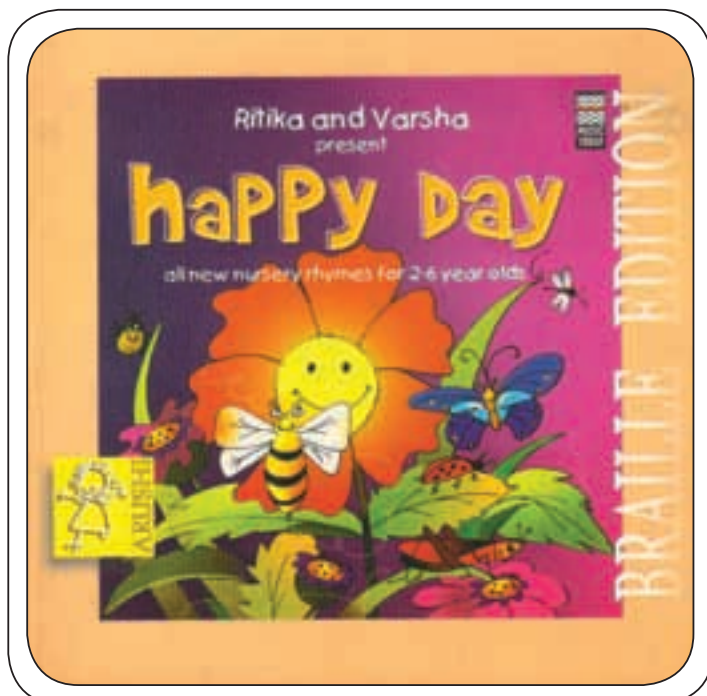


## MUSIC ALBUMS AND BRAILLE EDITION OF THE LYRIC BOOKS

We believe that Music, art, craft and sports are for everyone to enjoy. We therefore regularly print and distribute Braille copy of lyrics of Children Album to schools and NGOS working with children with visual impairment.

### A. HAPPY DAY

HAPPY DAY an album of 15 songs of select original nursery rhymes was the first children's album that had a lyric book which we transcribed into Braille with the support of Arushi, a NGO in Bhopal and distributed all over the country with the support of Round Table India.



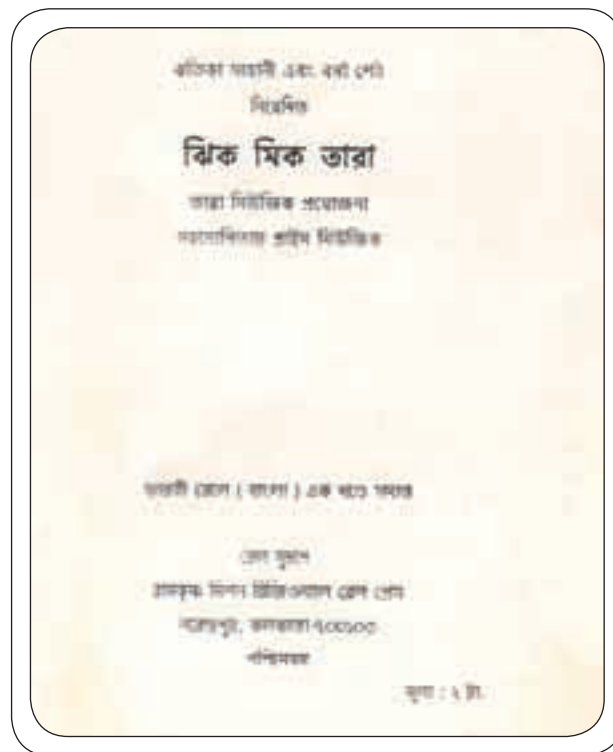
### B. JYOTIRGAMAYA

Jyotirgamaya is a collection of traditional prayer songs sung by Ritika Sahni and recorded with a contemporary soundspace as a memorable gift on the occasion of Deepavali and the festive season. The proceeds of this album goes towards the activities of Trinayani.



### C. JHIK MIK TARA

JHIK MIK TARA an album of Bengali nursery rhymes along with the Braille book in Bengali printed by Ramakrishna Mission Regional Braille Press, West Bengal got distributed to school for Blind students in West Bengal with the support of Broadcast Worldwide Kolkata and Tara Muzic along with the Audio CD.



### D. MANI MIYAU MANI MIYAU

MANI MIYAU MANI MIYAU, our nursery rhyme album in Marathi, got transcribed and printed by the Braille Press of the Helen Keller Institute of Deaf and Deaf Blind and distributed to 44 schools for the blind in Maharashtra along with a copy each of the album by Trinayani. The courier was done by Mirakle couriers run by deaf Adults.









**OUR FIRST EVENT IN CELEBRATION OF THE IDOD WAS IN 2007 TITLED "TRIUMPH TOGETHER" INCLUSIVE VISUAL ARTS WORKSHOP, A RESIDENTIAL WORKSHOP HELD AT GALLERY RASA, KOLKATA IN ASSOCIATION WITH KHOJ INTERNATIONAL, KOLKATA**

A Seven Day Event beginning 3rd December which culminated in an Open Studio Day on the 10th of December.

TRINAYANI  
presents

TRIUMPH TOGETHER

A 7 day Visual Arts Workshop in celebration of the World Disability Day  
where people with and without different disabilities  
will collaborate to experiment and exchange

Spearheaded by Ritika Sahni      Conducted by Khoj Kolkata

December 3 - 9, 2008, 2 - 7pm  
at Gallery Rasa, 828/1 Block P, New Alipore, Kolkata 700 053

We cordially invite you to attend the Open Studio on December 10, 2008, 4 - 8pm.

KHOJ KOLKATA      KONGO      dishoom.com      GALLERY RASA      trinayani.org

As an advocacy driven NGO we wanted to bring together persons with and without disabilities under one creative platform. **The aim** of the Triumph Together workshop is to create an environment where people with or without different disabilities are persuaded to collaborate with each other, rely on and work with each other's special skills, creating an inclusive event through Alternate Art Practice.

Dr. Paula Sengupta, Secretary, Khoj Kolkata, an artist, academician, researcher, and writer resident in Kolkata coordinated this event. We had Eighteen Participants - twelve artists with different types of disabilities and skills along with six artists without disabilities all between the ages of 16-30 years. Dr Sengupta oriented them the very first day with the way forward.



**Six Groups were formed with three participants in each, two artists with disability, one without a disability and the six projects created were:**

- **Spot the Differences** by Team Shantidev Bera, Kinjal Shah & Sanhita Banerjee
- **Let the flute sound instead of the gun** by Team Marina Samuel, Aparna Roy, Rajdeep Banerjee & Srikanta Paul
- **Kaala Taj** by Team Neeta K. Humbal, Sushovon Sapui & Sujay Mukherjee
- **Bag my dreams** by Team Zalak M. Shah, Ranjit Mullick & Jayashree Basak
- **Let's Talk** by Team Hasmukh K. Angari, Shankar M. Bhoya & Nantu Behari Das
- **From Your Door to Mine** by Team Prakash Behera, Satyajit Das & Ushasi Paul



**OPEN STUDIO DAY: PAULA SENGUPTA, RITIKA SAHNI AND ALL PARTICIPANTS OF TRIUMPH TOGETHER ANSWERING QUESTIONS POSED BY A NEWS CHANNEL**

### **PROJECT: KAALA TAJ**



### **PROJECT: LET THE FLUTE SOUND INSTEAD OF THE GUN**



### **PROJECT: BAG MY DREAMS**





### **PROJECT: FROM YOUR DOOR TO MINE**



### **PROJECT: SPOT THE DIFFERENCE**



**CERTIFICATES OF PARTICIPATION WERE  
GIVEN BY MRS JYOTI SAHNI TO ALL**

# The enlightened ones...



Ritika Sahni lends a helping hand to a participant in her workshop (right), the participants of the workshop stage a drama.

Kolkata...the city of joy has been helped by many to make it a better place for you and me. But Trinayani perhaps, has put up one of the best endeavours in recent years. They managed to bring a smile on the lips of physically challenged people of the city from December 10.

In collaboration with Klon, Kolkata, Trinayani organised a seven-day workshop, called "Triumph Together" at Gallery House near Alipore, to give a platform to specially-abled people for showcasing their talents. Suggestive of its name, the workshop indeed tried to show that everyone can be a winner in their lives, irrespective of their limitations.

Popular singer Ritika Sahni, who is the founder and secretary of Trinayani, took an active part in the workshop, dividing the participants into groups according to their skills and also teaching them clay modelling, graphic designing and making intricate designs on paper and thermocol sticks.

As I saw a beautiful clay model sculpted by someone who was not gifted by the power of hearing, I felt inspired and determined by the efforts and sincerity.

Other than all these art marvels, the motive of setting up this workshop was to give love to those who never got it enough. In all, the workshop turned out to be a success because it guided people who couldn't guide themselves due to physical imperfections.

Aniket Saraiya, Class XI, Lahshripat Singhania Academy

the **STANDARD** CORPORATION

18 Telegraph Metro

Tuesday 16 December 2009

**youngmetro**

## Triumph of will

A group of people, including children and adults, are gathered around a table, working on a project. One person is holding a piece of paper, and another is pointing at it. They appear to be in a workshop or classroom setting.



The workshop, called "Triumph Together", was held at Gallery House near Alipore, to give a platform to specially-abled people for showcasing their talents. Suggestive of its name, the workshop indeed tried to show that everyone can be a winner in their lives, irrespective of their limitations.



## UP AGAINST ODDS

A workshop that brought disabled people together with their more "abled" counterparts, threw up a gamut of talents and innovation.

Disability should not be a barrier to success. It should be a challenge to overcome. They will be special only if you do something different. When the Ministry of Social Justice and Empowerment, Government of India, launched the "Triumph Together" workshop, it was a step towards the right direction.

The workshop, called "Triumph Together", was held at Gallery House near Alipore, to give a platform to specially-abled people for showcasing their talents. Suggestive of its name, the workshop indeed tried to show that everyone can be a winner in their lives, irrespective of their limitations.



Participants of the workshop staged a drama to showcase their talents.

The workshop, called "Triumph Together", was held at Gallery House near Alipore, to give a platform to specially-abled people for showcasing their talents. Suggestive of its name, the workshop indeed tried to show that everyone can be a winner in their lives, irrespective of their limitations.

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## WORLD DISABILITY DAY 2010 WAS CELEBRATED BY APPEALING TO NATIONAL AND REGIONAL SATELLITE CHANNELS TO AIR OUR 1 MIN AWARENESS FILMS AS PUBLIC SERVICE ANNOUNCEMENT

Our films **"SONAL"** and **"HOW DOES IT MATTER"** subsequently received Air time on national news channel Aaj Tak, Sahara Samay, CNBC TV 18 and our film **"DARK"** in Bengali was aired on Tara News, ETV Bangla, Kolkata TV, NE Bangla, Akash Bangla in West Bengal.

We also created an **"E-Mailer"** with an appropriate message of Disability Equality and mailed it to all:

**December 03, 2010.**

On the occasion of World Disability Day, Trinayani celebrates the spirit of a more aware society that embraces the inclusion of Persons with Disabilities into its mainstream. Look at the persons first, then at their disabilities.

Trinayani brings to you an inspiring weekly Radio Program revolving around the News & Views on Disability, titled **MUD MUD RE SA DEVI** supported by L&T Mutual Funds, broadcast every Friday on All India Radio, 887.1 FM RAINBOW Mumbai between 1.15 to 1.30 pm. Listen to Mr. Anand Gupta, Writer and Creative Director of **TAMEY JAMRAN PAB** this Friday World Disability Day 3rd December.

The program is also broadcast in Marathi on 90.8 FM **JAAGO MUMBAI**, community radio.

Trinayani introduces a personalized 'defining' journal book named **ME AND MY OWN SPACE**, inspired by a 5D-Day Inclusive Visual Arts Workshop named **Triumph Together**, where both disabled and non-disabled artists worked hand in hand to create art.

This 168 page journal book supported by Takshila is a unique self searching and which enables one

to plunge inside one's own mind and is available with us for a nominal price of Rs. 480/-

The next Triumph Together workshop is scheduled for February 2011 at Patna.

TRINAYANI IS PREPARING A DISABILITY AWARENESS CAMPAIGN FOR CENSUS 2011 which is scheduled to be held between the 9th and 18th February 2011. We are creating relevant Radio Spots, Posters and Television messages to inspire people with disabilities to come forth and BE COUNTED in the Census. The circulation of the radio spots is being supported by Radio Mirchi.

We are proud of all the Friends of Trinayani for their guidance and support. All well-wishers coming forward with suggestions, help or donations, are most welcome.

To know more about our activities do log onto [www.trinayani.org](http://www.trinayani.org)

Warmest regards,

Rinku Sahni  
Founder Trustee  
TRINAYANI

**trinayani**  
Creating Awareness about Disability



## **WORLD DISABILITY DAY 2011 WAS CELEBRATED BY ORGANIZING A DISABILITY AWARENESS WEEK 3RD TO 9TH DECEMBER 2011 IN ASSOCIATION AND AT OBEROI MALL**

As an advocacy group believing in collaboration and networking we shared our Oberoi Mall space with the following organizations:

- |   |
|---|
| • <b>Ferro Equip</b> by way of display of Modified Cars   |
| • <b>NUK Health Care</b> by way of exhibiting and demonstration of Standing Wheelchair          |
| • <b>BarrierBreak Technologies</b> by way of showcasing and demonstration of Accessible devices |



**MR FERDINAND RODRICKS OF FERRO EQUIP GETTING A FOOT MASSAGE DONE BY THERAPIST SACHIN FROM SPARSH FOOT SPA. VOLUNTEER KANCHAN ROHERA WAS PRESENT THROUGHOUT FOR THIS WEEK LONG EVENT**

**VISITORS AT THE MALL EXPLORING THE MODIFIED CAR DISPLAYED THERE**



**DISABILITY AWARENESS WEEK CELEBRATION AT OBEROI MALL**





**KRUTTIKA OF BARRIERBREAK  
DEMONSTRATING THE VARIOUS  
ACCESSIBLE DEVICES TO A VISITOR**

**GREAT ADVOCACY OPPORTUNITY TO  
ADDRESS AND EXPOSE VISITORS AT THE  
MALL TO DISABILITY EQUALITY MESSAGES**



**DEMONSTRATION OF THE STANDING WHEELCHAIR  
BY NUK HEALTHCARE AT OUR EVENT AND SHOBHA  
TRYING THE SAME**

## **WDD 2011: SUPPORTED BY LOOP MOBILE WE ALSO CONDUCTED A DISABILITY AWARENESS POSTER CAMPAIGN IN ALL LOOP MOBILE STORES IN MUMBAI**

We invited our disabled and non disabled friends for a photo shoot by photographer Chirodeep Chaudhuri and his friend Arindam Chakroborty. We thank all of them for their time and patience during the shoot.

Three posters were designed and created with appropriate copy to go with each with the sole purpose of 'Enhancing APPROPRIATE VISIBILITY' of persons with disabilities and projecting People with Disabilities as ordinary people sharing the same need to feel included, recognized and loved.



### **CHIRODEEP AND ARINDAM TRYING TO GET THE RIGHT PLACEMENT FOR THE PICTURE DURING THE PHOTO SHOOT. ITESHREE DATE WAS A BIG SUPPORT DURING THIS SHOOT**



### **OUR FRIENDS (DISABLED AND NON DISABLED) WHO SUPPORTED US BY AGREEING TO PARTICIPATE IN THE PHOTO SHOOT**



## AWARENESS POSTERS

**trinayani**  
Creating Awareness about Disability

We all want to be  
**loved** and **accepted**  
You can make a  
**difference**



**Loop**  
WHOLE  
Going for great

Observing International Day of Persons with Disabilities on December 3rd, 2011.  
Designed by the ILO

**trinayani**  
Creating Awareness about Disability

Include us and make a  
**DIFFERENCE!**



**Loop**  
WHOLE  
Going for great

International Day on December 3rd, 2011 for Persons Living with Disabilities.  
Let's create a Disability Friendly Society. To contribute contact us at [www.trinayani.org](http://www.trinayani.org)

**trinayani**  
Creating Awareness about Disability

Learn Sign Language  
Make a  
**DIFFERENCE!**



Deaf, Not Dumb

**Loop**  
WHOLE  
Going for great

International Day on December 3rd, 2011 for Persons Living with Disabilities.  
Let's create a Disability Friendly Society. To contribute contact us at [www.trinayani.org](http://www.trinayani.org)

THE POSTERS WERE PUT UP ON LOOP MOBILE STORES IN THE CITY OF MUMBAI:



VIKHROLI (W)



MULUND (W)



GOREGAON (W)

## **WORLD DISABILITY DAY 2012 WAS CELEBRATED BY LAUNCHING THE "DIFFERENCE IS IN KNOWING" EVENT IN ASSOCIATION WITH CAFÉ COFFEE DAY 3-5 DECEMBER**

Supported by Café Coffee Day, we hosted a series of sessions titled "The Difference is in Knowing" to help amplify awareness among the Indian youth on the occasion of World Disability Day, December 3, 2012. It was a three day event starting the 3rd of December at 10 CCD outlets across five key metros, i.e – Delhi, Mumbai, Kolkata, Chennai, and Bangalore.

The aim of the exercise was to generate appropriate awareness and social contacts among young adults who are regular patrons at these cafes and individuals with differing abilities and to erase preconceived mindsets about disabilities. The additional objective was also to get the youth develop respect for diversities.

**As is the hall mark of any Trinayani event, Persons with Disabilities, Self Advocates came forward to support us by being the key speakers in all the outlets. Each session comprised of a talk by our friend with a disability followed by a Sign Language Learning session conducted by a Deaf Instructor and Indian Sign Language (ISL) Interpreter.**

The entire initiative saw tremendous participation from youngsters across all cities who were seen listening with rapt attention to the stories shared by PWDs. Towards the end of many sessions, the youth were not only more aware about PWDs but were also seen communicating in sign language at a fun interactive session conducted by deaf instructors and sign language interpreters.

The event was made possible by tremendous support given to us by our local partners. Ability Foundation and Vidyasagar in Chennai, Score Foundation in Delhi, Enable India and Fourth Wave Foundation in Bangalore, Gallery Rasa in Kolkata and Mrs Shobha Sachdev who as always was a pillar of strength.





**GIVEN BELOW ARE THE DETAILS OF THE SERIES OF EVENTS THAT TOOK PLACE IN THE FIVE KEY METROS:**

City	CCD Location	Locally Supported By	Coordinators	Self Advocates (PWDs)	ISL Deaf Instructor	ISL Interpreter
Chennai	KKK Outlet, Adyar Outlet	Ability Foundation	Beno Zephine	Veeramallu.	Manoj	Ms Vijaya Bhaskar
			Ritika Sahni	Sankareswaran		
			Bharathi Sekhar	Anupam		
			Janaki Pillai	Kunapul		
				C. Karthik		
Delhi	Aurbindo Marg, Malviya Nagar, & Saket	SCORE Foundation	Shobha Sachdev (Trinayani),	Samuel Mani	Sidharth and Harpreeti (Deafway Foundation)	Namrata (Deafway Foundation)
			Aakritee Kapoor (Score Foundation)	Nipun Malhotra		
				Madhubala Sharma		
				Nikita Jain		
Kolkata	Camac Street, & Chowringee Mansion, Jawaharlal Nehru Road	Ankur Advocacy Group ( IICP) and VAANI	Smayan Sahni	Mohammed Asif	Rabindranath Sarkar Ali Yavar Jung National Institute for the Hearing Handicapped, Kolkata Chapter	Indira Ghosh AYJNIHH, Kolkata chapter
			Rakesh Sahni	Iqbal		
			Ritika Sahni	Sayomdeb Mukherjee		
				Sandeep Kothari		
				Lavina Jagtiani		
				Saswati Acharya		
				Mainal Debnath		
				Shubro Kanto Maitro		
Bangalore	Ramesh Plaza, HSR Layout Indiranagar	EnAble India & Fourth Wave Foundation	CC Joseph	Himanshu Singh		
			Karthik Ponappa	Ashish Agrawal		
			Kiran Rao	Niranath Jain		
				Shalivahan Reddy		
				Namratha B G		
				Nishanth R P		
				Raghavendra Satish Peri		
Mumbai	Mehta House, Charni Road, Mumbai, Agripada Mumbai Central.	TRINAYANI	Malay Desai	Manju	Sujit Sahasrabudhhe Ali Yavar Jung National Institute for the Hearing Handicapped, Mumbai	Kinjal Shah AYJNIHH, Mumbai
			Ritika Sahni	Uttamchandani		
				Manikandan Swamy		
				Bharat Shah		
				Malini Chib		
				Orko roy		
				Sunita Sancheti		
				Neenu Kewlani		
				Arvind Prabhoo		
				Kishore Gohil		
				Sharmila Divetia		

**"DIFFERENCE IS IN KNOWING" SESSIONS IN FIVE METRO CITIES:**



**CCD BANGALORE**



**CCD MUMBAI**



**CCD CHENNAI**



**CCD CHENNAI**



**CCD KOLKATA**



**CCD DELHI**



## Let the world know: disability is not inability

If one cannot walk, is one called disabled? Why should one be called disabled for being unable to hear or see? A series of interactive sessions, starting with World Disability Day, had the people talking about how to make the world a better place for those with impairments



From left: People participating in a session at the Young Metro office on World Disability Day. A group of people sitting in a circle, engaged in an activity. A person in a wheelchair being assisted by others. A person in a wheelchair sitting at a table, talking to others.

### INTERVIEW

How can we ensure that a person with a disability is not just a name on a list, but a person who is heard and valued? This is the question that the Young Metro office is asking. We are looking for ways to make the world a better place for people with disabilities. We are looking for ways to make the world a better place for people with disabilities. We are looking for ways to make the world a better place for people with disabilities.

Present at the Young Metro office on World Disability Day. A group of people sitting in a circle, engaged in an activity. A person in a wheelchair being assisted by others. A person in a wheelchair sitting at a table, talking to others.



A person in a wheelchair being assisted by others.



Person in a wheelchair being assisted by others.



Person in a wheelchair being assisted by others.



Person in a wheelchair being assisted by others.

Person in a wheelchair being assisted by others.

Person in a wheelchair being assisted by others.

Person in a wheelchair being assisted by others.

Person in a wheelchair being assisted by others.



A person in a wheelchair being assisted by others.

## NGO takes disability awareness to CCD

By [Name]

NGO TRINAYANI, which works on issues related to disability and supports individuals with disabilities, along with a coffee chain, will host a series of sessions called, "The Difference is in Knowing," at select cafes across key metros to increase awareness on disabilities among young adults who are regular patrons at these cafes.



A person in a wheelchair being assisted by others.

The aim of this exercise is to generate awareness and social contacts with individuals with differing abilities and erase preconceived mindsets about disabilities. The additional objective is also to get the youth develop respect for diversities.

### CAMPAIGN FOR YOUTH

## NGO carries out drive at city cafes to spread awareness on disabilities

NGO TRINAYANI, which works on issues related to disability and supports individuals with disabilities, along with a coffee chain, will host a series of sessions called, "The Difference is in Knowing," at select cafes across key metros to increase awareness on disabilities among young adults who are regular patrons at these cafes.

The aim of this exercise is to generate awareness and social contacts with individuals with differing abilities and erase preconceived mindsets about disabilities. The additional objective is also to get the youth develop respect for diversities.







विश्व विकलांगता दिवस पर त्रिनयनी की ओर से जागरूकता अभियान चलाया गया। चित्र में युवाओं को विकलांगता के मुद्दे पर विविध जानकारी देते हुए त्रिनयनी के पदाधिकारी।

## 'Attitude the problem, not disability'

by Prajakta Hegde

**Bangalore:** With the aim to simplify awareness on disability issues among the Indian youth and support individuals with disabilities, a series of sessions called 'The Difference is in Knowing' will be hosted at a popular cafe at 12th Main, Indiranagar today to mark International Day of People With Disability (IDPWD).

This multi-city event is being conducted by Trinayani, an NGO.

The programme will have a 20-minute interactive session on Indian Sign Language Orientation along with talks by speakers with different disabilities. The Bangalore session will also have a visually-impaired person address the audience.

Says Ritika Sahni, founder trustee of Trinayani: "We are basically an advocacy group who work towards creating awareness among the non-disabled people about the disabled. We would like to ease the fear among the non-disabled when it comes to dealing with the disabled people. Our idea is to remove the mental block, if any."

She added: "This year, the



One of the interactive sessions being held by Trinayani to spread awareness about disability

theme for IDPWD is removing barriers to create an inclusive and accessible society for all. And each one of us has a role to play in making this a reality. We hope to bring about attitudinal changes among today's youth."

The aim of this exercise



is to generate appropriate awareness and social contacts with individuals having differing abilities and

erase preconceived mind sets about disabilities. The additional objective is also to get the youth develop respect for diversity.

Trinayani, founded in 2006, works towards mass awareness of disability issues and support to persons with

disabilities. They aim to address the needs and concerns of both the disabled and non disabled population of our country. They specialise in demystifying the subject of disability through disability awareness training which is usually co-hosted by both disabled and non-disabled presenters.

"Disability can meet anyone, anywhere, anytime. It is not something which happens to 'others'," reads their website.

"The Difference is in Knowing" sessions will be conducted from December 2-5 at ten cafes across five key metros, i.e. - Delhi, Mumbai, Kolkata, Chennai, and Bangalore.

Ritika signs off: "The plight of the disabled people won't end unless the people without disability become sensitive to their needs and know how to deal with them. Disability is not a problem. The real problem is attitudinal barriers."

### ON PAGE 3

- Working for his own kind
- We finally saw the light
- The man for parity

**WE ALSO PARTNERED WITH ADAPT, (ABLE AND DISABLED ALL PEOPLE TOGETHER) AND JAPA, (JUSTICE AND PEACE FOR ALL), IN HOSTING "DILLAGI", AN EVENING OF FUN AND FROLIC ORGANIZED ON THE CARTER RD PROMENADE FOR DISABLED AND NON DISABLED MUMBAIKARS ON THE 2ND OF DECEMBER 2012**

Persons with disabilities performed to raise awareness about disabilities, Director Amol Gupte showed a short film on the occasion. Many of the prominent Mumbaikers including Shyam Benegal and Priya Dutt attended the event.

Singer performer Ritika sang songs along with artist friends of NODA, National Organization of Disabled Artist. We thank Kishore Gohil for his support.





**CINEMAX SUPPORTED TRINAYANI BY AIRING OUR 30 SECONDS AV/PSA  
"INCLUDE ME" IN THE BELOW LOCATIONS**



District/Town	Cinema Name	Screen
Versova	Cinemax Infinity	Cinemax Infinity - Screen 5 (3D) (Red Lounge)
Malad	Cinemax Infinity 2	Cinemax Infinity 2 Mall Screen 5
Delhi	Cinemax Pacific Mall	Cinemax Pacific Mall - Screen 5
Hyderabad	Cinemax R K Cineplex	Cinemax R K Cineplex - Screen 3
Bangalore	Cinemax Soul Space Spirit	Cinemax Soul Space Spirit - Screen 4

District/Town	Cinema Name	Screen
Versova	Cinemax Infinity	Cinemax Infinity - Screen 5 (3D) (Red Lounge)
Malad	Cinemax Infinity 2	Cinemax Infinity 2 Mall Screen 5
Delhi	Cinemax Pacific Mall	Cinemax Pacific Mall - Screen 5
Hyderabad	Cinemax R K Cineplex	Cinemax R K Cineplex - Screen 3
Bangalore	Cinemax Soul Space Spirit	Cinemax Soul Space Spirit - Screen 4



## **RECOGNITIONS AND AWARDS**

Ritika Sahni was nominated to represent India in the three week "International Visitors Leadership Program" titled "Promoting Tolerance through the Performing Arts" sponsored by the U. S State Department to keep abreast of happenings in the disability sector, network and explore opportunities of collaboration. Attending conferences also became imperative for us.



**AT THE GALLAUDET UNIVERSITY WASHINGTON D.C OCTOBER 2007**



**RITIKA SAHNI RECEIVING THE KARMVEER PURASKAR (IN THE ARTIST FOR CHANGE CATEGORY) FROM SOCIAL ACTIVIST AMLA ON 26 NOVEMBER 2008 IN A FUNCTION IN DELHI**



**IN HONOR OF MARTIN LUTHER KING, JR IN PRESENCE OF THE MAYOR OF KOLKATA AND THE CONSUL GENERAL AND DEPUTY GENERAL OF AMERICAN CENTER, KOLKATA TRINAYANI PRESENTED THE THE LIVING DREAM CONCERT WITH PERFORMANCES BY RITIKA SAHNI AND ANJIKA DANCE GROUP COMPRISING OF DISABLED DANCERS**





**FLAGGING OFF THE BLIND  
CAR RALLY AT AHMEDABAD  
2009**

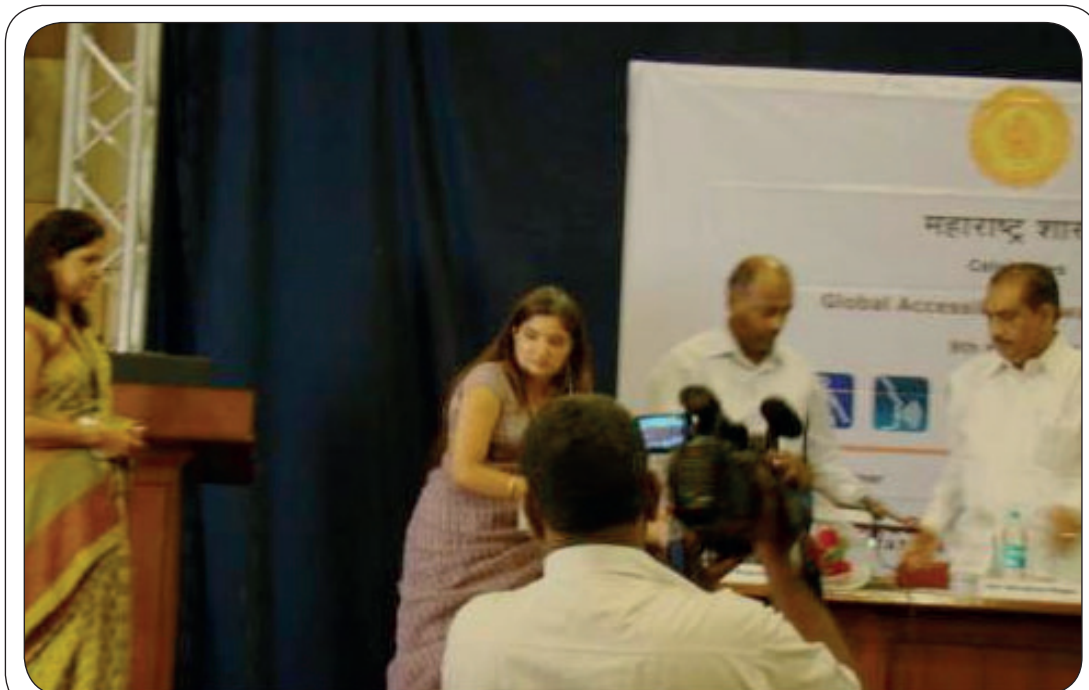
**LIGHTENING THE LAMP AT THE  
PERFORMANCE OF EVENING  
PROGRAM OF BLIND CAR RALLY.  
AHMEDABAD**



**GUEST SPEAKER AT THE  
PARKINSON'S DAY  
CELEBRATION IN  
MUMBAI, 2011**



## **CERTIFICATE OF RECOGNITION FROM GOVERNMENT OF MAHARASHTRA**



**OUR FRIEND AND CONSULTANT, MRS SHOBHA SACHDEV RECEIVING THE APPRECIATION AWARD FROM THE GOVERNMENT OF MAHARASHTRA ON THE OCCASION OF GLOBAL ACCESSIBILITY AWARENESS DAY 9 MAY 2012 AT A FUNCTION IN MUMBAI**

**CONFERENCES ATTENDED:**

<b>Conference Details</b>	<b>Hosted by</b>	<b>Place</b>	<b>Date</b>
National Conference on "Alternative Communication and Assistive Technology for Persons with Disabilities"	ISAAC- India Chapter	Mumbai	14th - 15th March 2009
Training of Trainers in Media and Disability Communication	Ali Yavar Jung National Institute for the Hearing Handicapped Forbes	Mumbai	2nd - 6th March 2009
Interactive Session on "Voluntary Sector norms for Good Governance & Public Disclosure"	Marshall Pvt Ltd Chatterjee	Pune	18th February 2009
Seminar on Empowerment of Differently Abled Persons: A policy Review - Paper presented	The International Center Goa and Directorate of Social Welfare, Govt of Goa in association with Disability Rights Association of Goa (DRAG)	Goa	18th August 2011
National Conference on enabling Access for Persons with disabilities to Higher Education and Workplace: Role of ICT and Assistive technologies	Fourth Wave Foundation	IIM Bangalore	20th - 21st January 2012
North South Dialogue; Implementing Tools of Change	Adapt	Goa	19th - 21st February 2012
Beyond Disabilities, Infinite Possibilities	Ekansh Trust	Pune	19th - 20th July 2012
Inclusion A Step Away	Centre of Special Education, SNDT Women's University	Mumbai	March 9 -10, 2012
Brainstorming & Convergence Workshop for the CSR Cell of Municipal Corporation of Greater Mumbai	National Corporate Responsibility Hub, Tata Institute of Social Sciences	Mumbai	9th February 2013
Symposium on 'RTE and SEN - Demystifying Inclusion'	Dhristi	Mumbai	23rd February 2013



**GOA STATE POLICY REVIEW MEETING AT INTERNATIONAL CENTER GOA 18 AUGUST 2011**



**PRESENTING A PAPER ON OUR WORK AT THE NORTH SOUTH DIALOGUE AT GOA 20 FEBRUARY 2012**





## **FUN ACTIVITIES**

### **TEA PARTY**

On the 3rd of September 2012 we hosted the first Tea Party to celebrate the first anniversary of the Sparsh Foot Spa with friends and well wishers. Ritika Sahni gave a special performance for all Trinayani guests who in turn shared their experiences.



**RITIKA PERFORMING FOR HER FRIENDS  
AT THE PARTY, A BIG "THANK YOU ALL"  
PERFORMANCE**



**DHRUV MEHTA AND  
NEENU KEWLANI JOINING  
IN FOR A SONG**



**OUR THERAPISTS  
BHAGYASHREE, LATA  
AND SACHIN, ALONG  
WITH OUR FRIEND AND  
CONSULTANT SHOBHA  
SACHDEV, CUTTING THE  
CAKE AMIDST CHEERS  
BY ALL**

## **PICNIC**

On Feb 24th 2013, our team along with volunteers and friends (with and without disabilities) went for a picnic. The location chosen was the disability friendly Farm House belonging to our friend Ferdinand Rodricks, at Neral near Karjat. Ferdinand along with his assistant Archana welcomed us and hosted us with a scrumptious lunch followed by tea.

We were 17 of us Ritika, Shobha with her daughter Deepa ( a wheelchair user), her caregiver Ujwala, Bhagyashree and her friends Deepali and Sheetal, Sambhaji and his friends Praveen and Bhimrao, (all six of them visually impaired), Nuzrat and Sonal (who have cerebral palsy), Volunteer Helen, Kanchan, Meena, her sister Rashmi and her son Ayush.



**OUR TEAM**

## **KANCHAN ORGANIZED GAMES AND WE ALL PLAYED ANTAKSHARI**



## **KANCHAN GRACIOUSLY BROUGHT GIFTS FOR ALL AS PART OF THE GAME SHE ORGANIZED**



**VOLUNTEERS HELEN AND MEENA WITH  
BHAGYASHREE AND VAISHALI EXPLORING  
THE CASHEW TREE**



**A RIDE ON FERDI'S  
MODIFIED VEHICLE**



**ALL ENJOYING A MEAL TOGETHER**



**ALL DANCED TO BOLLYWOOD  
TUNES AND MARATHI SONGS**



**EXPLORING THE GARDEN**



**FRIENDS BONDING**



## ACKNOWLEDGEMENTS:

**•Kolkata:** Mrs Purnima Goswami (Settlor), Amit Sane, Kamaleshwar Mukhopadhyaya, Agnidev Chatterjee, Dr Sudha Kaul, Jeeja Ghosh, Saswati Acharya, Snigdha Sarkar, Sneha Sarkar, Ashish Jha, Mahua Seth, Dr Kanchan Gaba, Sreela Bose, Sundeep Kothari, Asif Iqbal, Sayomdeb Mukherjee, Mrs Jyoti Sahni, Smayan Sahni, Radhika Sahni, Rini Bhattacharya, Sumit Dasgupta, Sohini Bhattacharya, Rattnotama Sengupta, Priyanka Bhattacharya Raja, Round Table India, Dr Paula Sengupta, Ronnie, Kartick Arora, Rathikant Basu of Broadcast Worldwide, Khoj Kolkata, Arup Dutta and staff of Gallery Rasa, Dalip Goswami, Rajiv Neogi, Varsha Sheth, Rakesh Tripathi, Rajiv Soni, Dalia Dey of CII, Althea Philips, Shounak Lahiri, Amyt Dutt, Jayshree Singh, Gyan Singh, Chitra Gautam, Anjana Mallick, Lipica Bhattacharya, Noni Khullar, Neena Singh, Debjit Biswas, Supratik Roy, Souvik Mishra, Mudar Patheriya, Neela Mazumdar, Karuna Singh, Jaideep Banerjee, Saurav and Deboleena Sen, Shampa Sengupta.

**•Delhi:** Ranjan Kumar Singh, Rajiv Ranjan, Sanjiv Kumar of Takshila Educational Society, Shalini Saran Gupta, Mrs Poonam Natarajan, Pinky, Shreshtha and Mr Mahanty of The National Trust, Manik Uppal, Satish Kapoor of Brotherhood, P. V. Krishnan, Mr P. G. Gokhale, Vanessa Ohri, Rohit Ohri, Prasanta Mukhopadhyaya, George Abraham, Akritee of Score Foundation, Mr Uttam kumar Bose, Meenu Chopra, Jeroninio Almeida, Nilendu Sen, Niranjana Khatri, Sajana Venniyoor, Prakash Nayak, Shekhar Borker.

**•Mumbai:** Dr Asmita Huddar, Mr Bergis Desai, Ravindran, Aabha Huddar, Malay Desai, Shalini Dewan, Sarita and Sunil Mantri, Rachana Raj Sethi, Anju Tikekar, Vilas Shardul, Parag Shah, Rajesh Kumar Singh, Dr Rangasayee, Alka Joshi, Sunil and Sujit Sahasrabudhe, Madhu Keni and Kinjal Shah of AYJNIHH, Dr Rubina Lal, Arjun Gaurisaria, Dadu, Sonal Konkane, Neenu Kewlani, Iteshree Date, Sameer Dixit, Nitin Maskare, Arvind. K. Prabhoo, Vandana Garware, Amitabh Mundhra, Pankaj Athawale, Mr George Paul and Sheilagh of BPCL, Sunil and Liz Mehta, Lucas Baretto, Manish Kapdoskar, Nilesh Singit, Sunita Sancheti, Ram Maheshwary, Maria Baretto, Priya Dutt Ronkon, Swaminathan, Mona Shetty, Kavita Shanbagh, Manju Uttamchandani, Suresh Sachdev, Amit Ray, Lata Nayak, Ketna Mehta, Sudip Dutta, Soumendra Padhi, Joanita Fernandes, Stephen Gonsalves, Deepa Sachdev, Ujwala, Aruna, Elsu, Laila Vaziralli, Natasha Agarwal, Nandini Shrikar, Sunita Bhuyan, Ankita Bakre, Arvind Vishwakarma, Cyrus Dastur, Kaushik Roy, Kanchan Pamnani, Jamshed Mistry, Piloo Vidyarthi, Sanjeev Nayyar, Ashish Vidyarthi, Shalini Gupta, Vijaya Shankar, Ravi and Chitra Iyer, Chandni Parekh, Shashi Baliga, Anshika Dua, Geeta Castalino, Indira Rangarajan, Prashant Pandey, Partick Rodrigues, Randeep Jha, Purva Lele, Abhay Tiwari, I thank Dr Mithu Alur, Mr Alur, Malini Chib, Varsha Hooja, Ami Gumashtha, Sharmila Donde, Deepshikha Mathur, Anita and my friends from Adapt Mumbai, Ramesh Kumar Yadav, Malay Desai.

**•Ahmedabad:** Aparajita Basu, Anand Sandil, Mr Bhushan Punani and his team at Blind Peoples Association, Ashutosh Raval, Madhusudhan Agarwal of MAM Movies, Hirenn Majmudar, Julie Desai, Dinesh Bahl.

**•Chennai:** Jayshree Ravindran, Bharathi Shekhar, Janki Pillai of Ability Foundation, J. S. Raghavan, Jai Subramaniam, Avi and Malu, Rahul Cherian, Usha Ramakrishnan, Rajul Padmanabhan of Vidyasagar.

**•Bangalore:** Shanti and Deepesh Raghavan, Kiran and all at Enable India, Diana and Joseph of Fourth Wave Foundation, Kartik Ponappa, Pinky Chandran of Radio Active, Rima Kashyap of NGO Connect, Anuradha and Dhimant Parekh of BetterIndia, Madhu Singhal.

**•Pune:** Nikhila Deo and her team at TIMES NIE, Yashashree Gurjar, Ashish and Udit Thadani, Anita Iyer of Ekansh.

**•Goa:** Giselle Lobo, Gauri Diwan, Joy Lahiri, Nandini Sahai, Anuradha Athanikar of Navhind Times, Sheela Jaywant, Avelino de Sa.

**•Friends from Overseas:** Colin Newbhani and his family, Zakeya Ahmed, Kunal Bose, Mita Das, Jagdish Punjabi, Vimala Desouza, Aditi Goswami, Shubhankar Sinha, Eli Yamin.

**•Active Members of Trinayani 2006 - Mar 2013:** Shobha Sachdev, Manish Parekh, Kanchan Rohera, Meena Mishra, Helen Mukkath, Sachin Yele, Bhagyashree Navle, Sambhaji Patil.

It is possible that while creating this report, we may have missed out on naming some very important persons who have been a major support during our journey. It's needless to say that the omission is unintentional. Trinayani takes this opportunity to thank you all for believing in our way of Creating a Better World for a Better Me.